

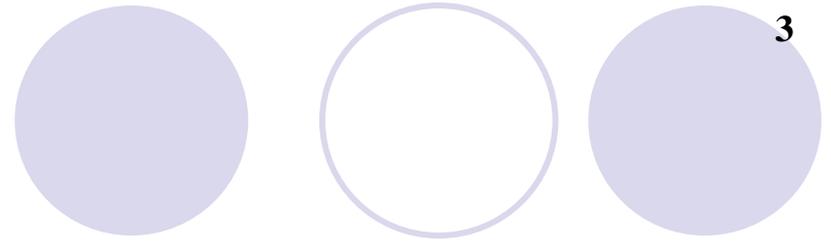
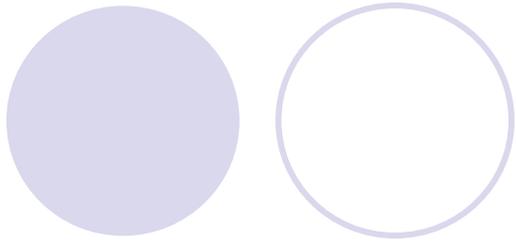
アメリカ(シアトル・ポートランド) 高齢者施設 調査研究 報告書

2007年7月28日

株式会社 岩田建設
株式会社 クレド
NPO法人 UDEJ 監修

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1. 調査研究の目的
2. 調査研究の対象
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4. まとめ
5. 今後のあり方と問題点



1. 調査研究の目的

- (1) Gerontologyの考え方と高齢者施設を調査する
- (2) アメリカ(シアトル・ポートランド)の高齢者施設を調査する
- (3) 高齢者施設の問題点を探る

2. 調査研究の対象

シアトル及びポートランドの先進的タイプの高齢者施設 4か所を調査

ワシントン大学キヤック博士が同行

H. Asuman Kiyak, Ph. D. University of Washington
Professor and Director Institute On Aging

施設名と訪問日時

① Evergreen Family Homes (シアトル)	2007年 5月 9日 10:00
② Mount St. Vincent Nursing Home (シアトル)	2007年 5月 9日 13:00
③ Elite Care Assisted Living (ポートランド)	2007年 5月10日 10:00
④ Mary 's Woods C. C. R. C (ポートランド)	2007年 5月10日 13:30

3. 施設の概要と図面・写真

- ① Evergreen Family Homes
～認知症専用高齢者グループホーム～
- ② Mount St. Vincent Nursing Home
～保育施設付き大規模老人ホーム～
- ③ Elite Care Assisted Living
～ハイテク型ケアハウス～
- ④ Mary's Woods C. C. R. C
～C.C.R.C.退職者コミュニティハウス～

① Evergreen Family Homes (シアトル、UW近く)

認知症高齢者グループホーム：小規模：Adult Family Homes

戸建住宅地区に立地する施設。近隣居住者との共生を図るが、板塀で囲まれており、出入り口は特殊な施錠により、入居者が自在に外に出てしまわない工夫がされている。

施設経営者は近隣に同様の6つの施設を合わせて運営しており、当該施設で合同の活動が時折催される。

ここでは入所者は「Resident」(居住者)と呼ばれ、訪問した施設では1棟に6人の居住者が生活していた。各施設ともなるべく自立した生活が送れるようにスタッフが生活支援を行っている。

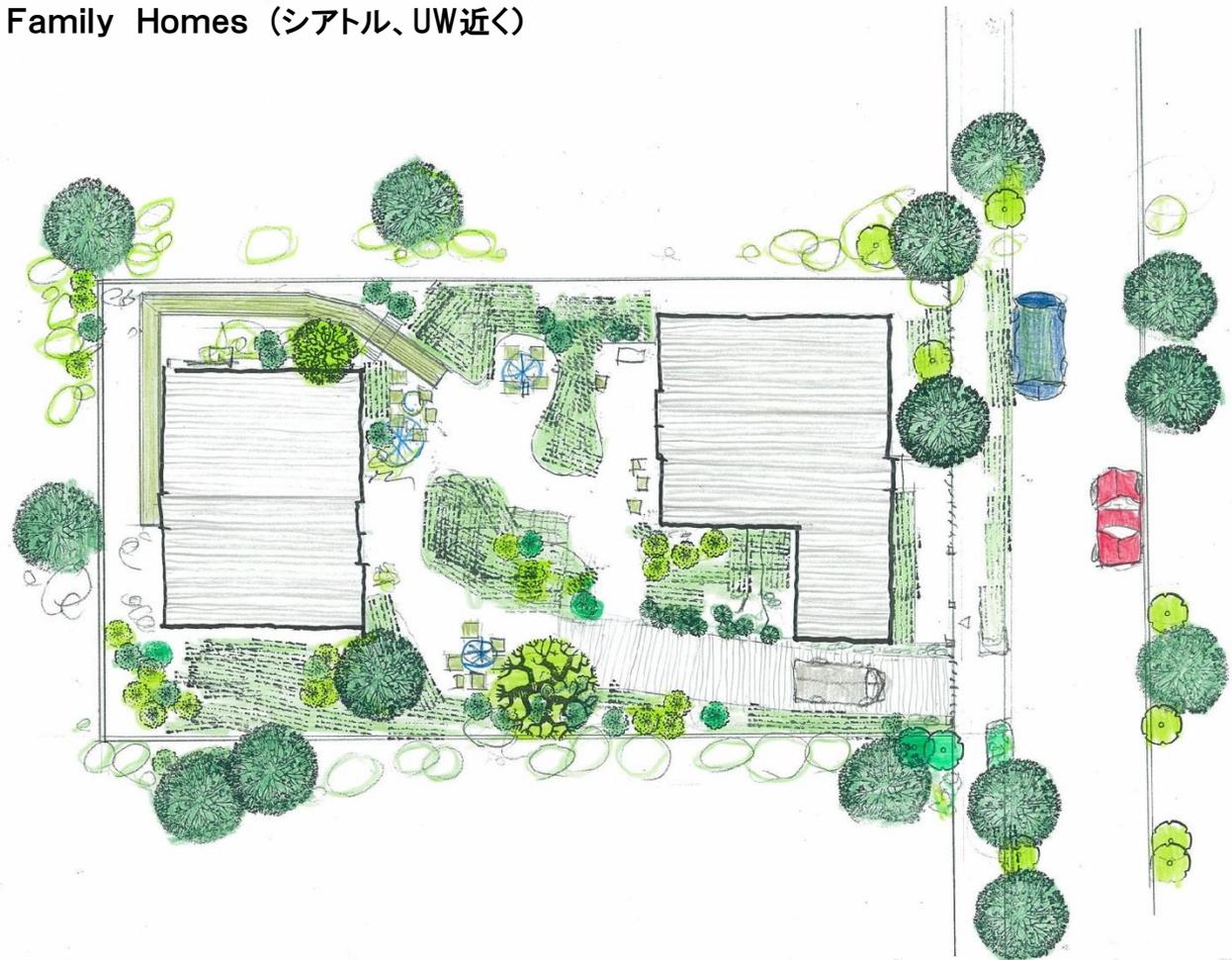
スタッフは東アフリカから介護者として採用され、訓練を経て介護者となっている。賃金は安いがこの施設で、パソコンのリテラシーの習得訓練を受けさせている。

この施設の特色は、インテリアであり、居住者が安心して生活できるように開口部が多く、透明ガラスで外が良く見えるようになっている。各居住者の個室には扉上部が開閉するダッチ・ドアが設置してある。

また、外部空間のデザインも居住者が中庭で訪問する家族や友達と楽しんだり、園芸活動をして体を動かす機会を得られるなど、変化のある入所生活が送られるように計画されている。居住者の人間的尊厳と自立の自由を保障した優れた施設の一例である。

3. 施設の概要と図面・写真

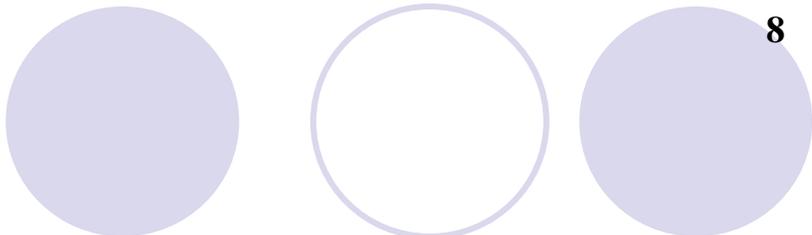
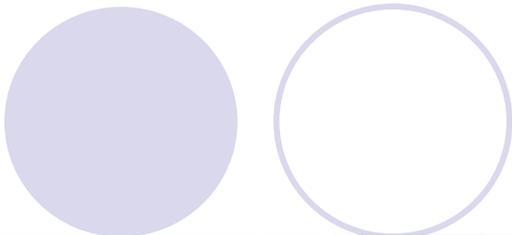
① Evergreen Family Homes (シアトル、UW近く)



Evergreen Family Homes (Seattle near UW)

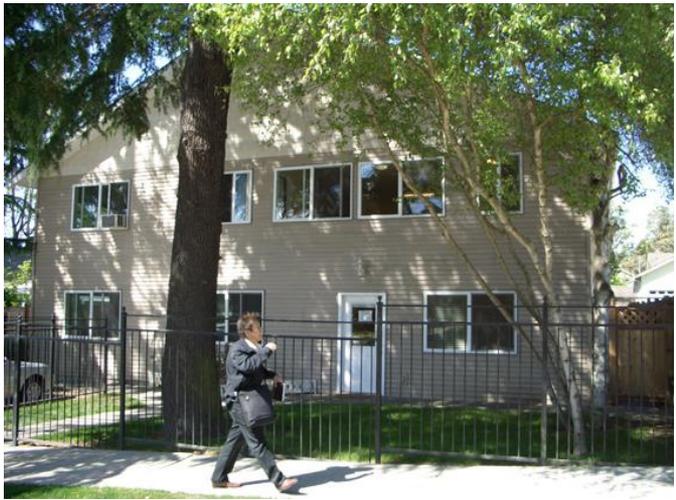
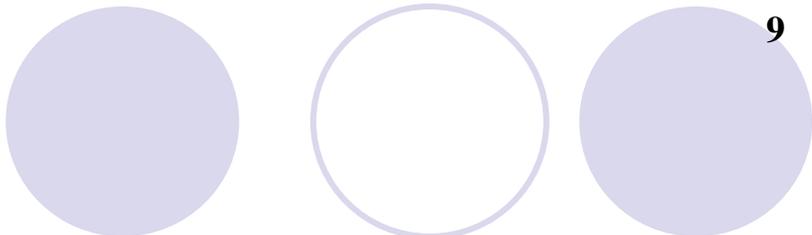
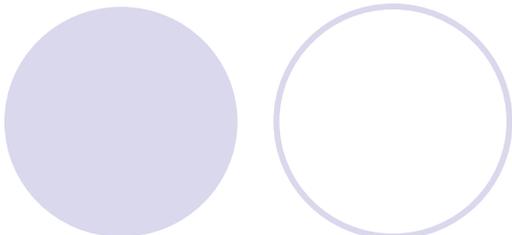
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3. 施設の概要と図面・写真



① Evergreen Family Homes (シアトル、UW近く)

3. 施設の概要と図面・写真



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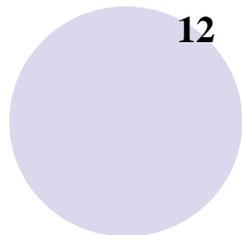
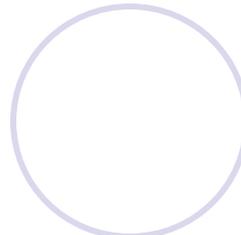
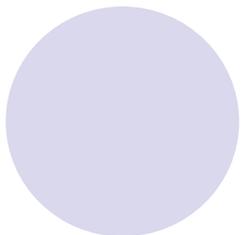
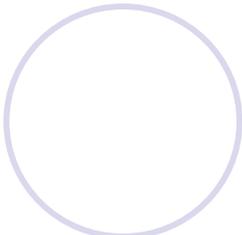
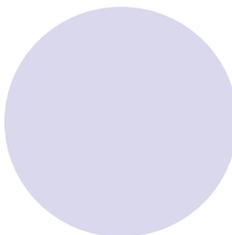


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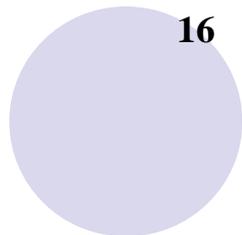
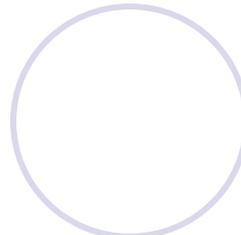
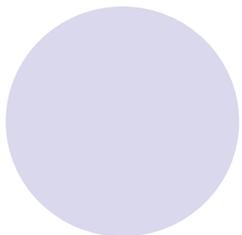
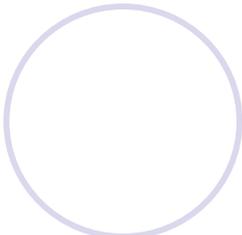
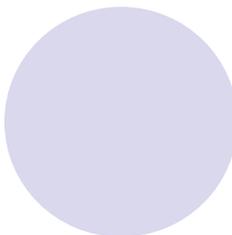


① Evergreen Family Homes (シアトル、UW近く)



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3. 施設の概要と図面・写真



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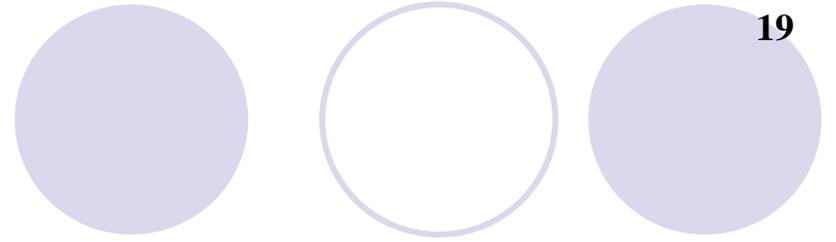
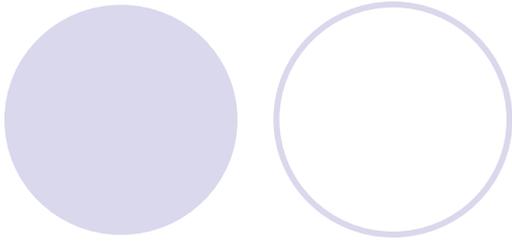
① Evergreen Family Homes (シアトル、UW近く)

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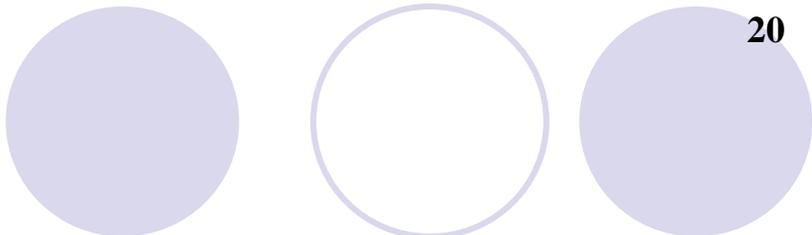
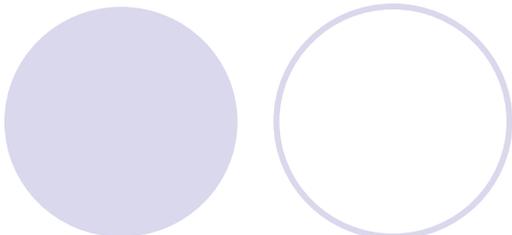
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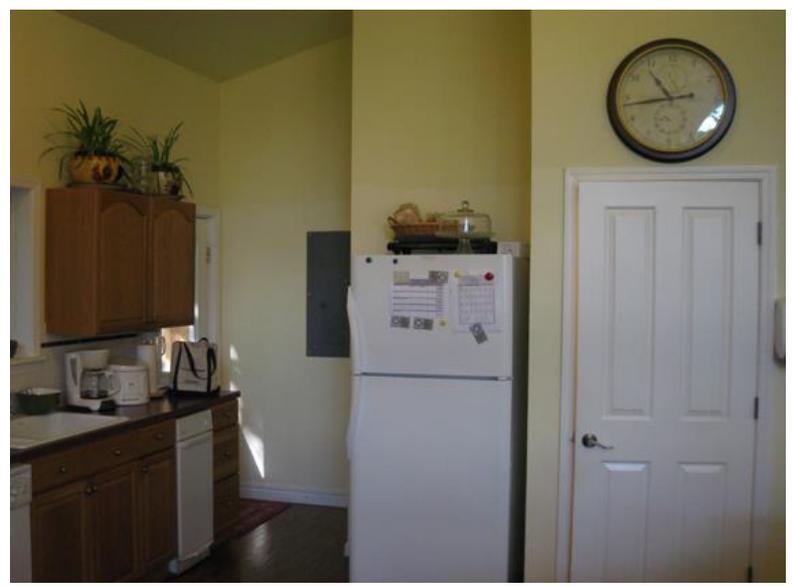
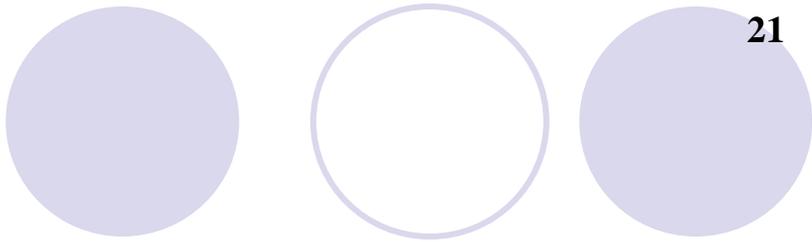
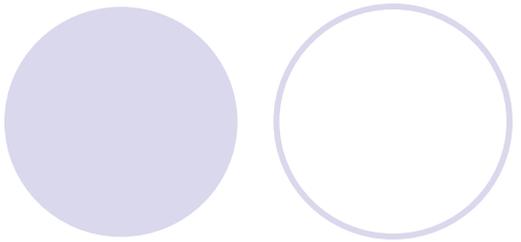
① Evergreen Family Homes (シアトル、UW近く)

3. 施設の概要と図面・写真



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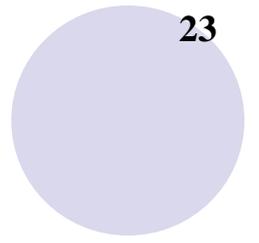
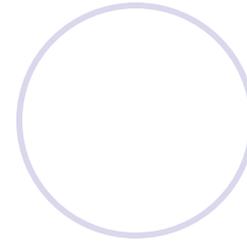
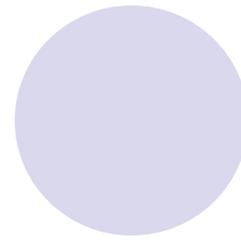
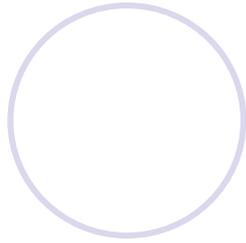
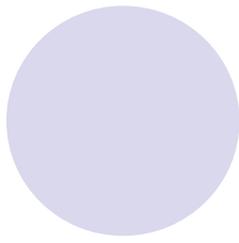


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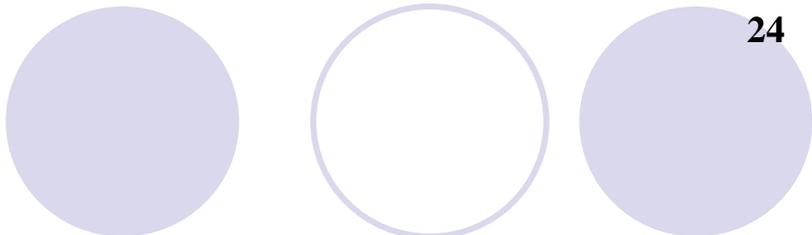
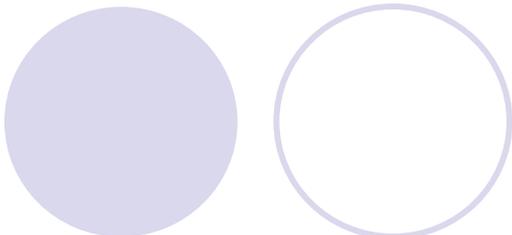
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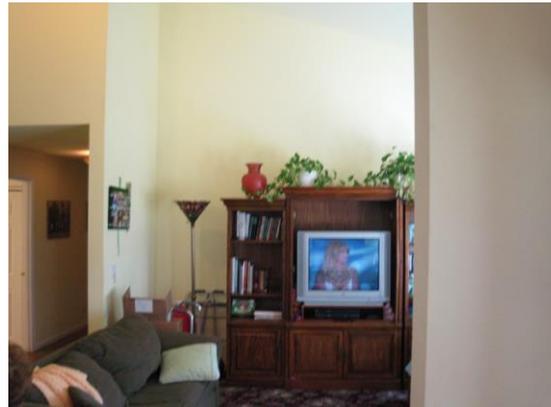
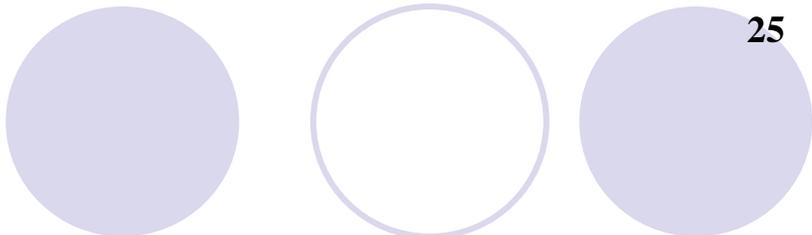
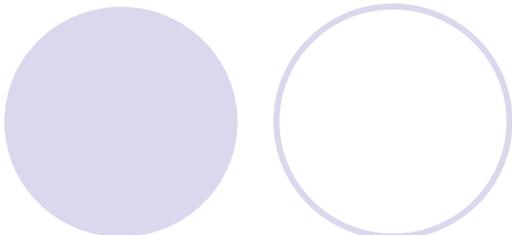


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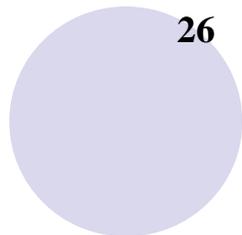
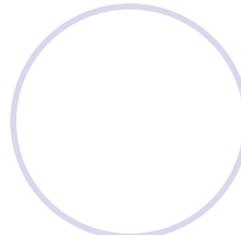
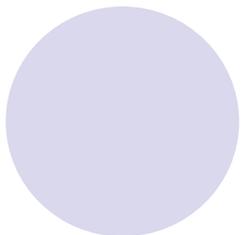
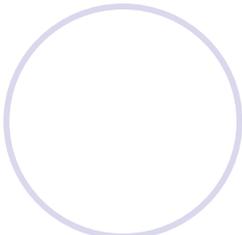
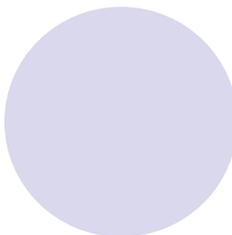
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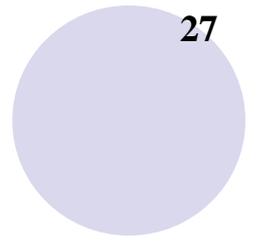
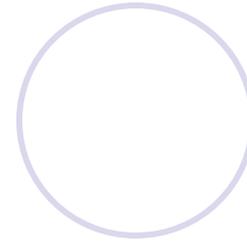
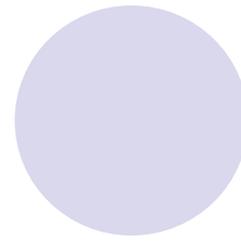
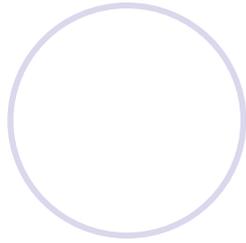
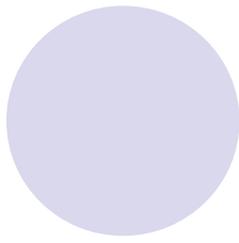
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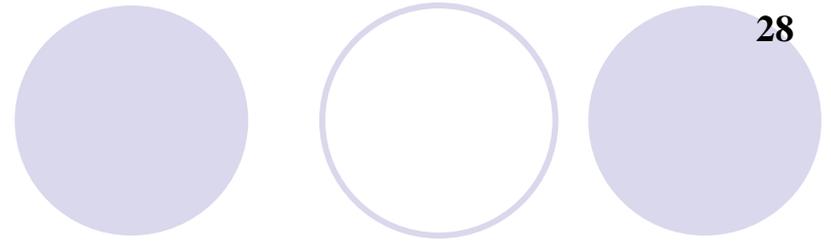
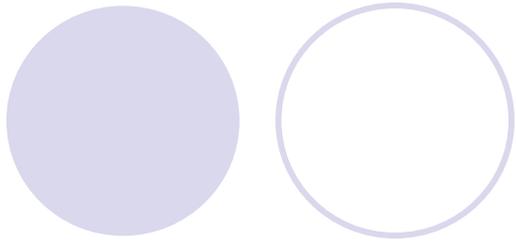
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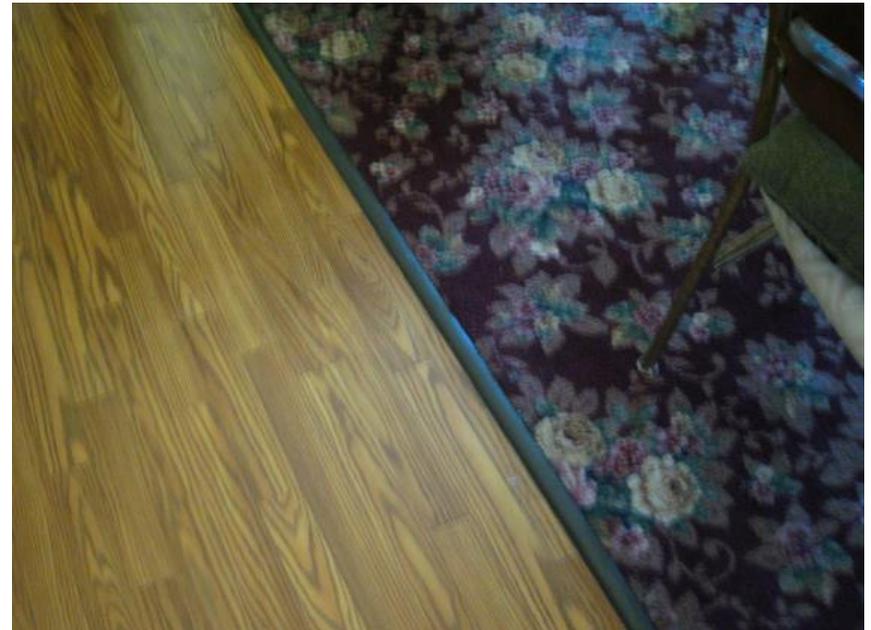


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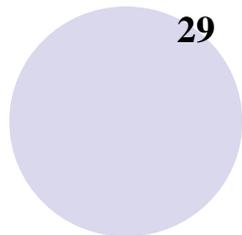
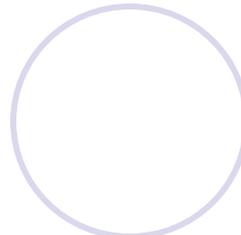
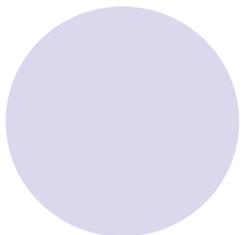
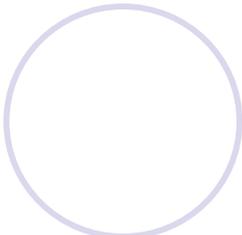
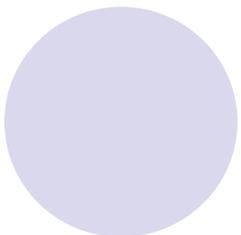
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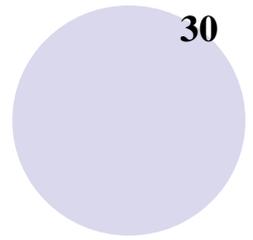
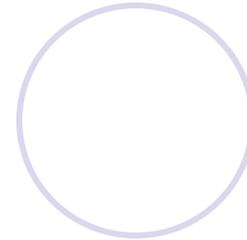
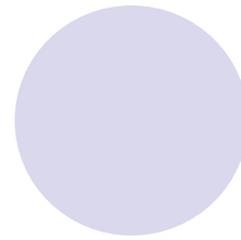
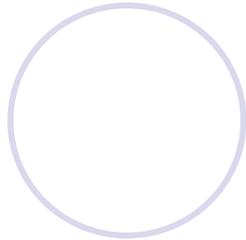
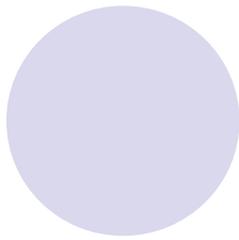


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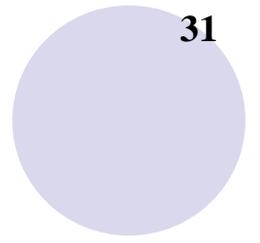
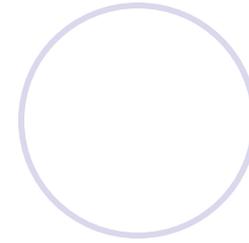
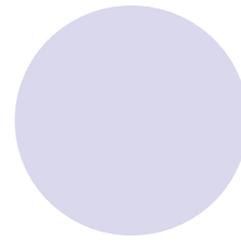
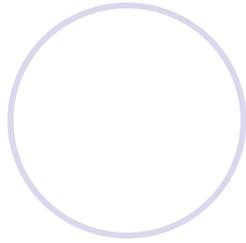
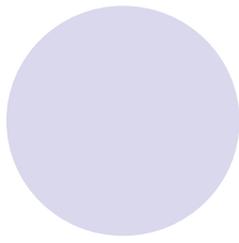


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3. 施設の概要と図面・写真



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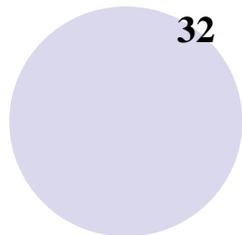
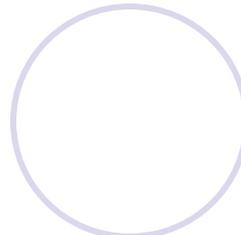
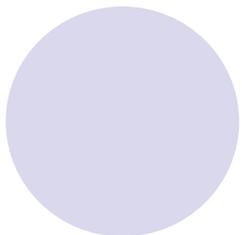
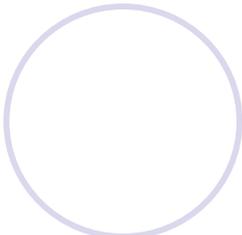
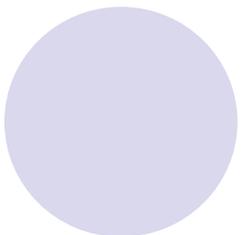


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① Evergreen Family Homes (シアトル、UW近く)

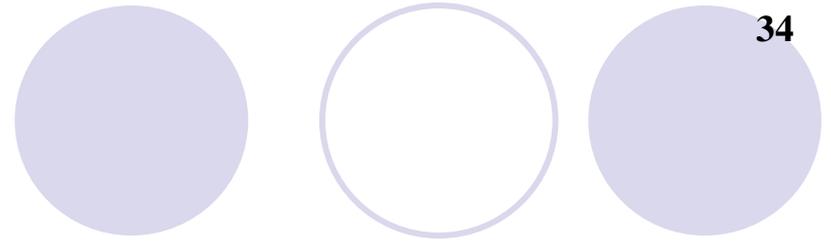
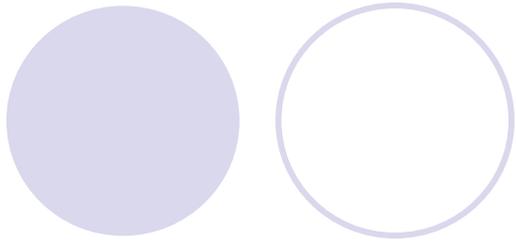
3. 施設の概要と図面・写真



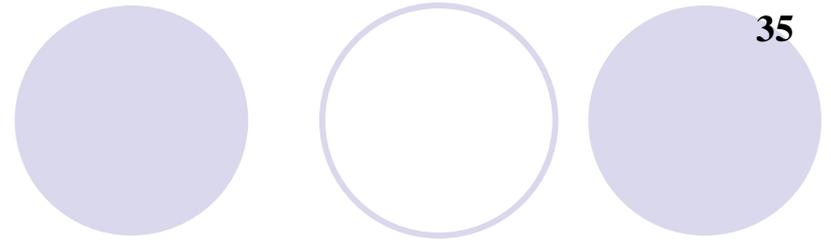
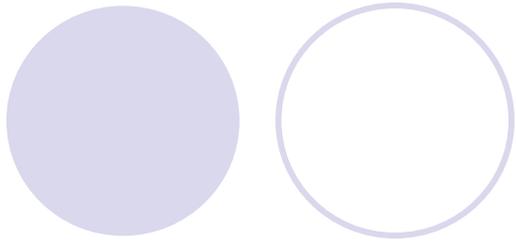
① Evergreen Family Homes (シアトル、UW近く)



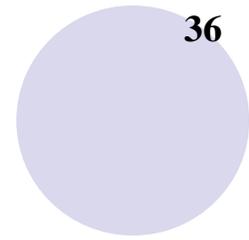
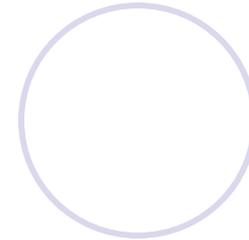
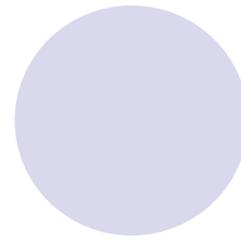
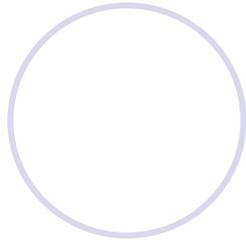
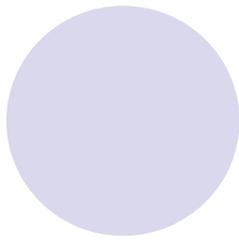
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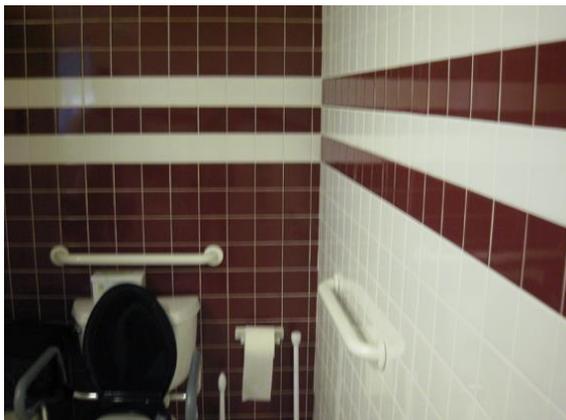
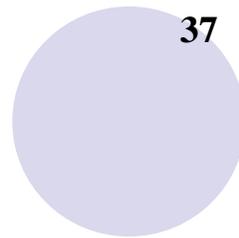
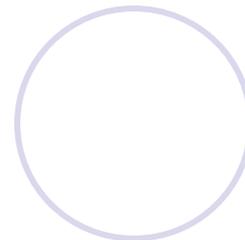
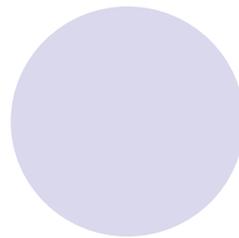
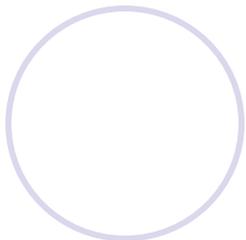
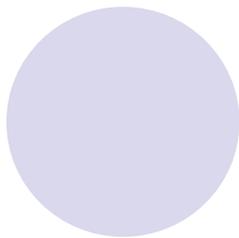
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3. 施設の概要と図面・写真



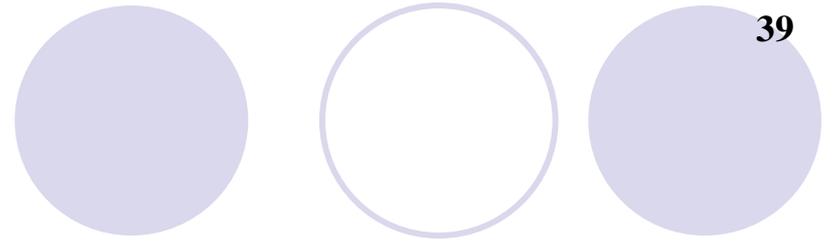
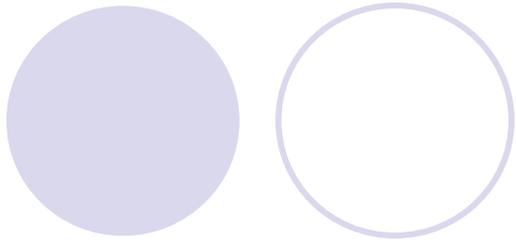
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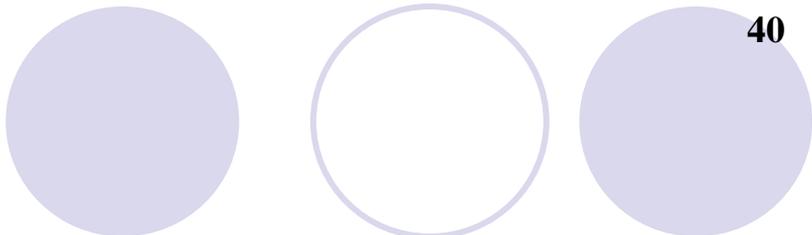
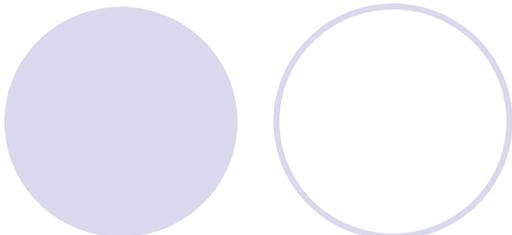
① Evergreen Family Homes (シアトル、UW近く)



3. 施設の概要と図面・写真

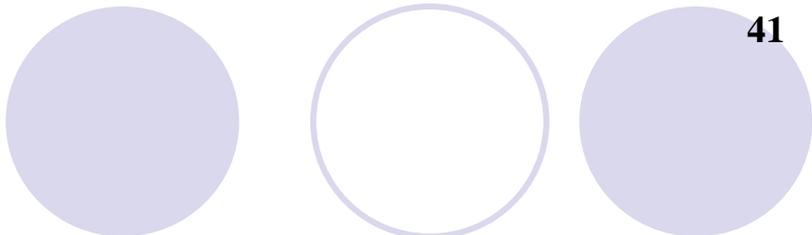
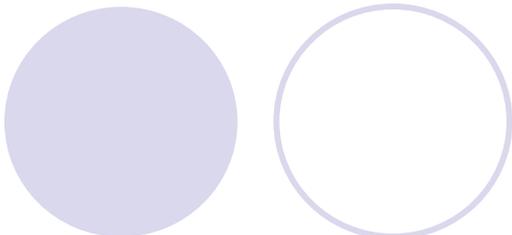


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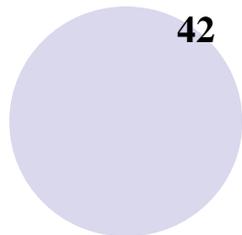
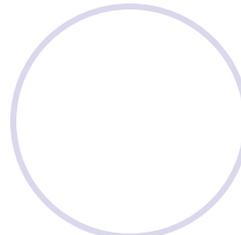
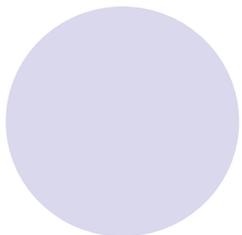
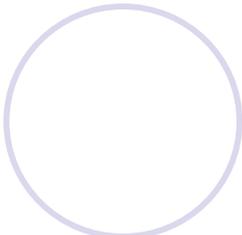
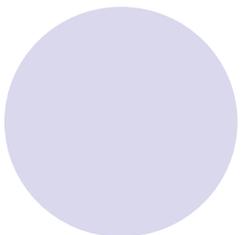


① Evergreen Family Homes (シアトル、UW近く)

3. 施設の概要と図面・写真



3. 施設の概要と図面・写真



① Evergreen Family Homes (シアトル、UW近く)

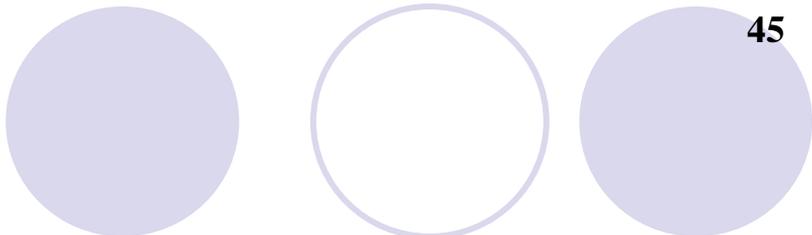
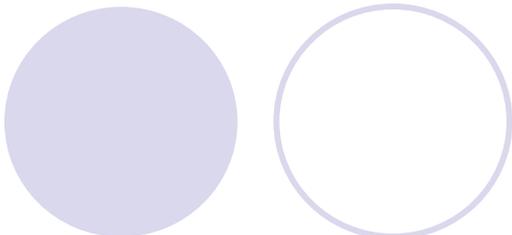


① Evergreen Family Homes (シアトル、UW近く)

3. 施設の概要と図面・写真

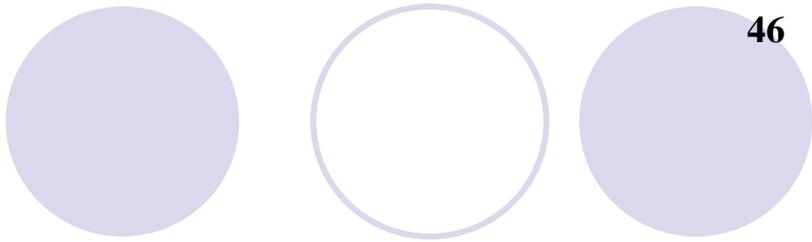
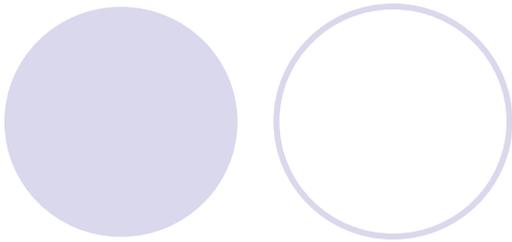


3. 施設の概要と図面・写真



① Evergreen Family Homes (シアトル、UW近く)

3. 施設の概要と図面・写真



① Evergreen Family Homes (シアトル、UW近く)

② Providence Mount St. Vincent Nursing Home (西シアトル)

多機能・大規模老人ホーム(託児所、看護ユニット、
ネイバーフッド・クラスター介護ユニット):Nursing Home

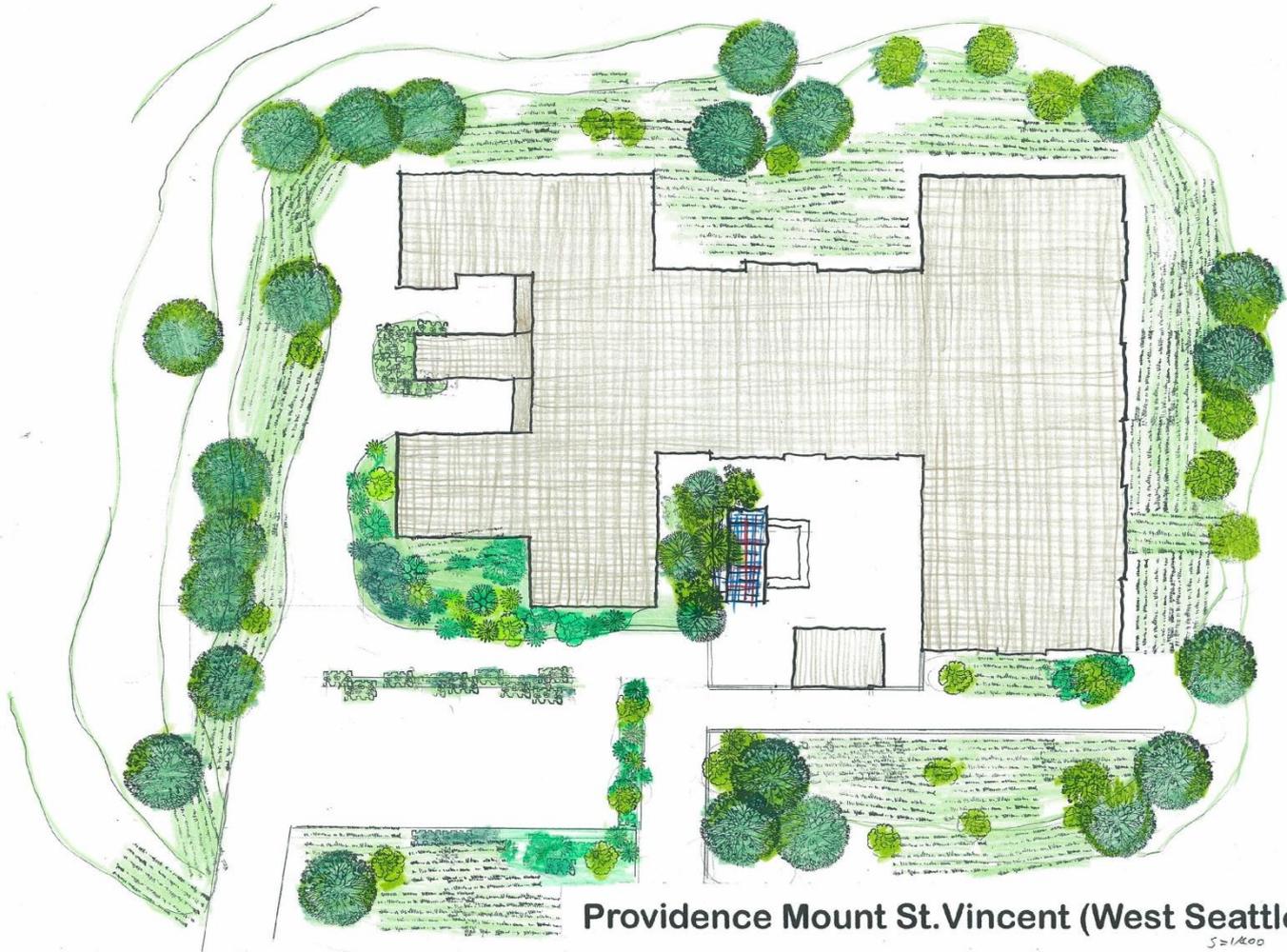
西シアトルの丘陵地帯に立地する大規模な施設。築70年の古い構造システムをリフォームし、新しい介護のシステムを適用した複合型の介護・看護施設で、保育園も併設され、子供たちと入所者たちとの触れあいが積極的に計られている。

介護のシステムに合うような計画的なリフォームは専属の建築家が施設内に事務所を構え、随時計画の運営に介護側と共同作業を行っている。このため、きめ細かで長期的な視点に立った施設の効果的な改修が行われている。

クラスター的な介護ユニットには、キッチン、食事スペース、古いオルガンやピアノが設置された居住者の触れあいの場があり、猫や犬などみんなに愛される(癒し)ペットがいたり、植物のプランターや熱帯魚の水槽が置かれるなど、居住者の様々な刺激や憩いとなっている。

介護スタッフは各種の専門家がチームを作り、当該の仕事に取り組んでいる。

② Providence Mount St. Vincent Nursing Home (西シアトル)

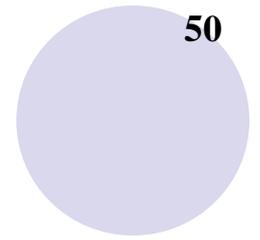
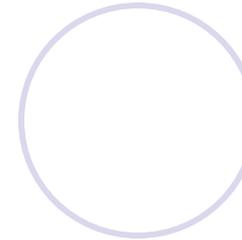
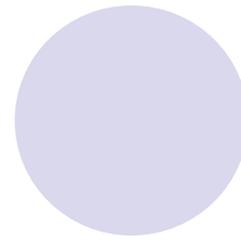
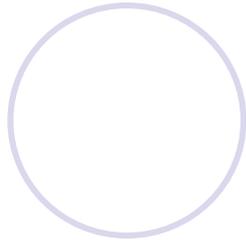
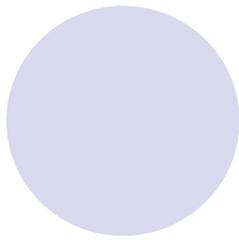


Providence Mount St. Vincent (West Seattle)
S=1/400



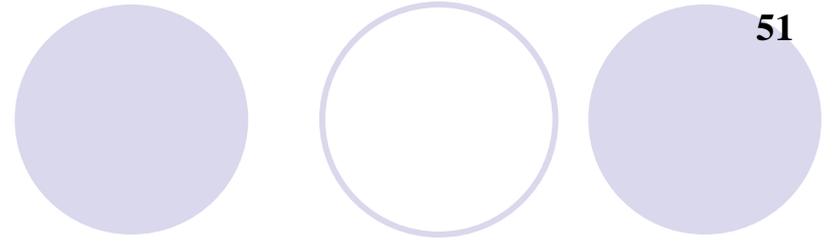
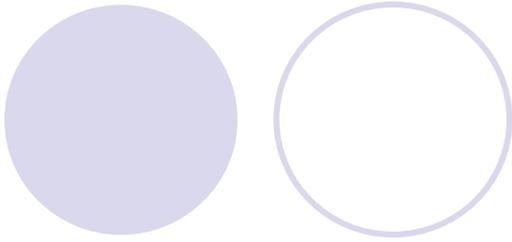
② Providence Mount St. Vincent Nursing Home (西シアトル)

3. 施設の概要と図面・写真



② Providence Mount St. Vincent Nursing Home (西シアトル)

3. 施設の概要と図面・写真

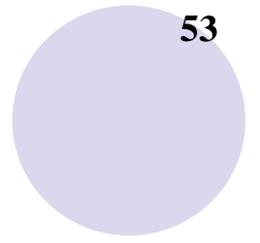
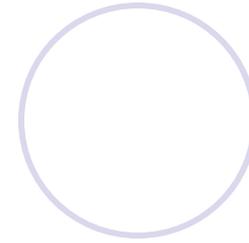
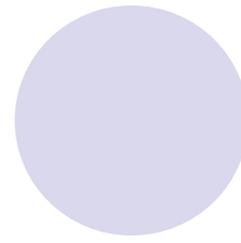
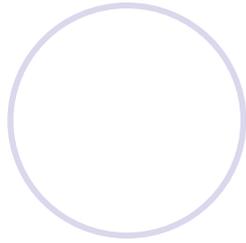
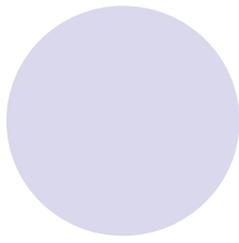


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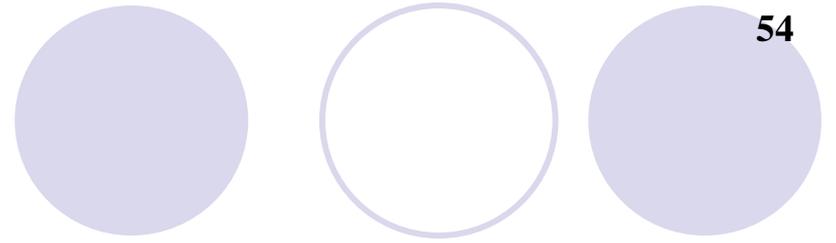
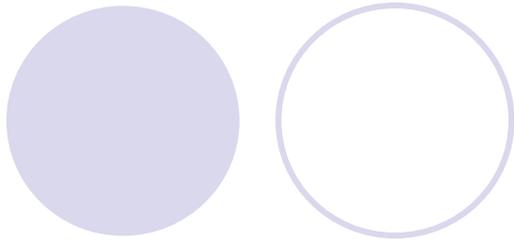
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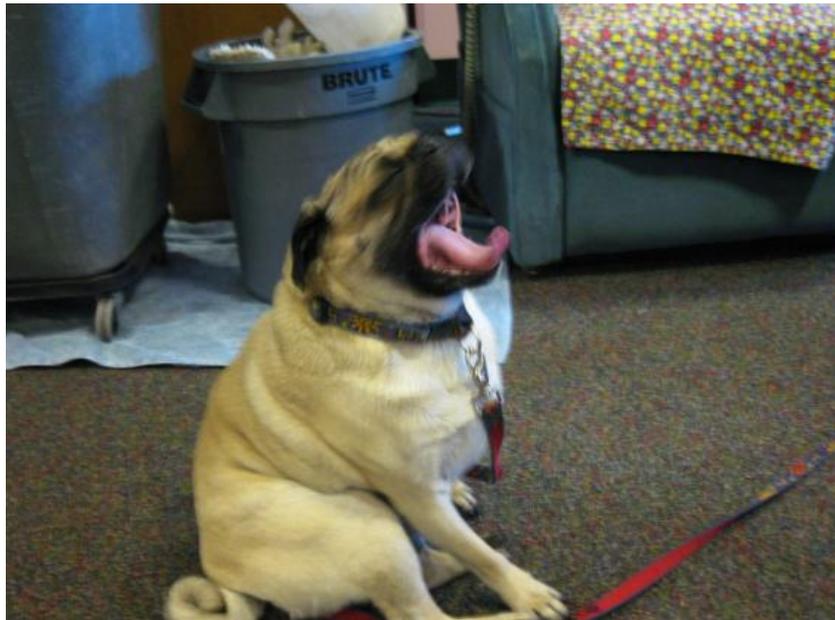
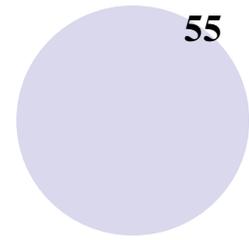
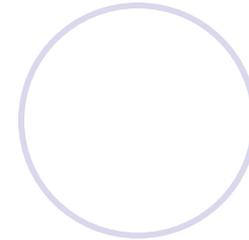
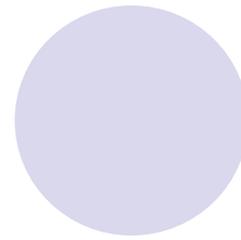
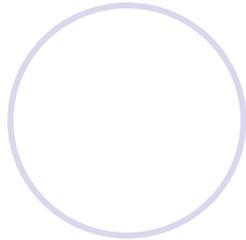
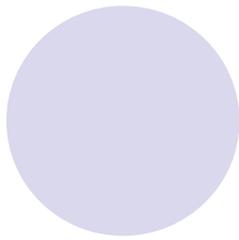


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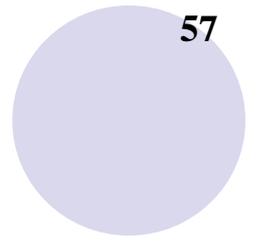
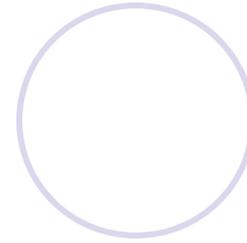
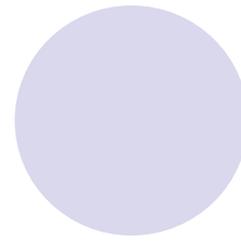
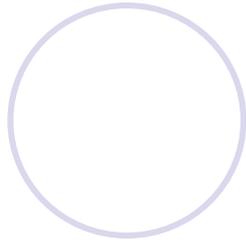
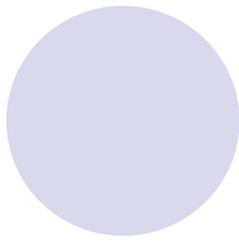


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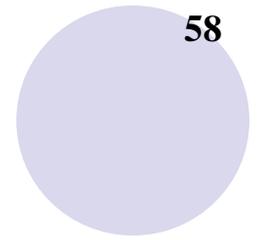
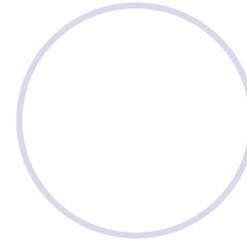
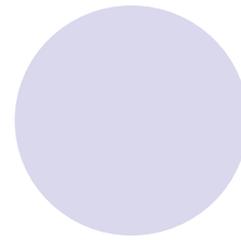
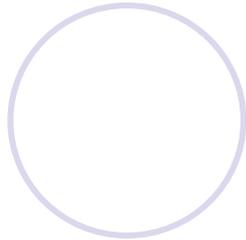
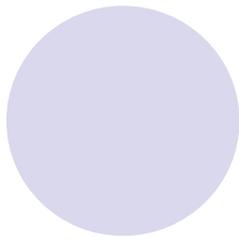


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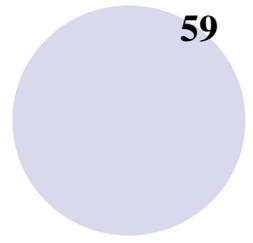
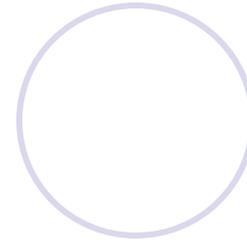
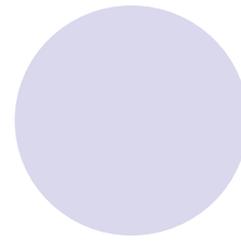
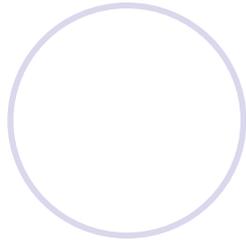
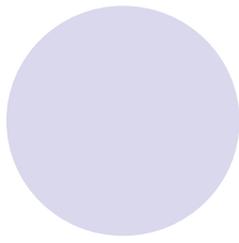
3. 施設の概要と図面・写真



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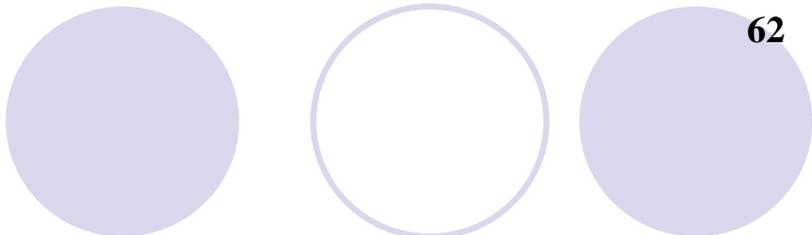
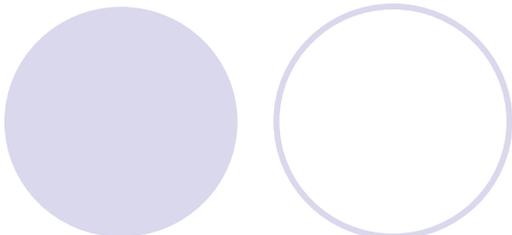
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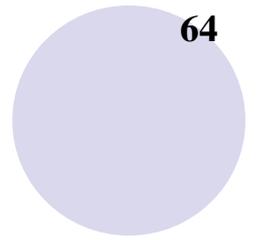
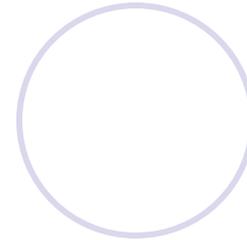
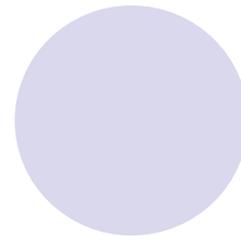
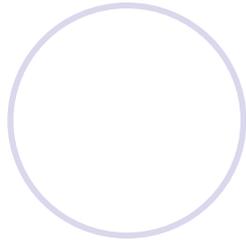
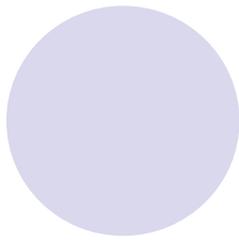
3. 施設の概要と図面・写真





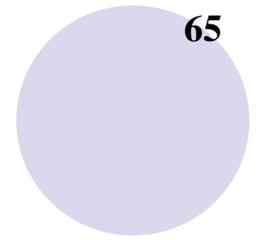
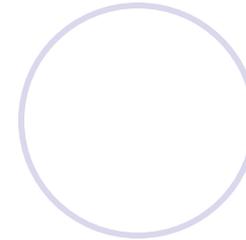
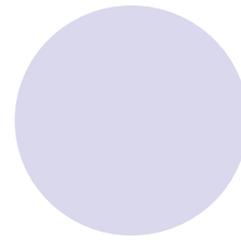
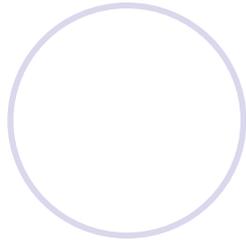
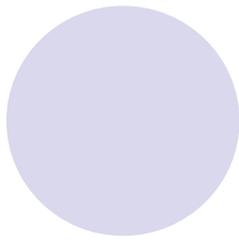
② Providence Mount St. Vincent Nursing Home (西シアトル)

3. 施設の概要と図面・写真



② Providence Mount St. Vincent Nursing Home (西シアトル)

3. 施設の概要と図面・写真



② Providence Mount St. Vincent Nursing Home (西シアトル)

③ Elite Care Assisted Living (ポートランド郊外)

ハイテク型運営、独立ハウス型ネイバーフッド型介護施設
:Care Assisted Living Homes

ポートランド郊外の小高い丘の上に立地し、別荘のようなグループ居住者用の住棟が広い敷地に分散し、中央に管理施設が配置された建物群(6棟の介護ハウスと1棟の管理棟)。介護側の管理システムはコンピュータ化され居住者の情報が逐次トレースされ、正確に伝達されるシステムを導入している。居住者の行動はすべてモニターされ、パソコン上で確認でき、且つデータとして蓄積し統計分析され、介護プログラムや設備の改善に活用されている。

効率的でありながら、入居者の意思を尊重し、人間的な介護につなげる取り組みが行われている。

居住者の居室における行動も各種のセンサーの利用により、的確に把握でき迅速な対応が出来るようになっている。

居住者の日常の状態や変化は、離れて暮らす家族にインターネットを利用した回線により、いつでも自由に把握できるよう仕組みづくりされており、遠距離の家族と入居者とを積極的につなげる役割を果たしている。

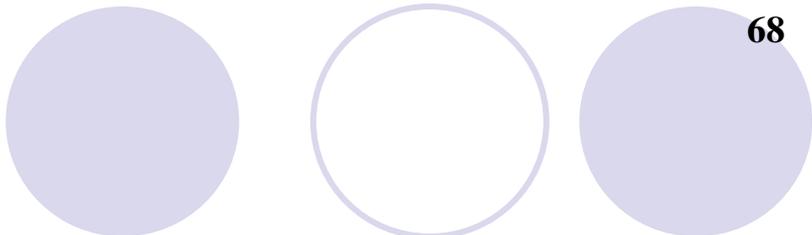
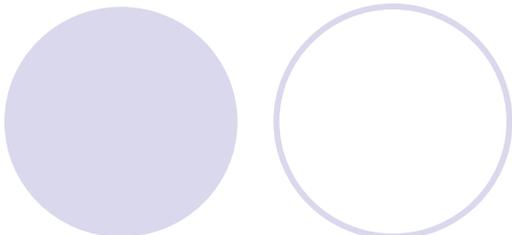
また、居住者にガーデニング活動を積極的奨励し、専属のガーデニング・トレーナーがいるのもこの施設の特徴。

③ Elite Care Assisted Living (ポートランド郊外)



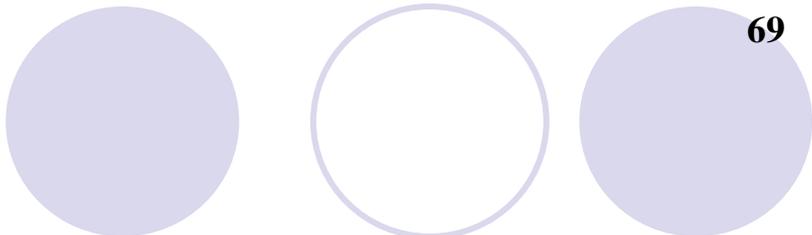
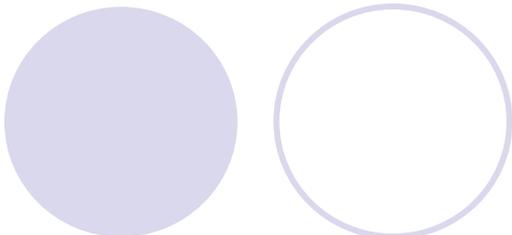
Elite Care(Portland)
2017/200

3. 施設の概要と図面・写真



③ Elite Care Assisted Living (ポートランド郊外)

3. 施設の概要と図面・写真

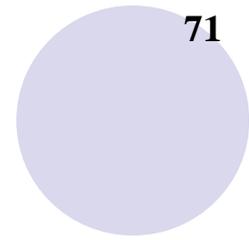
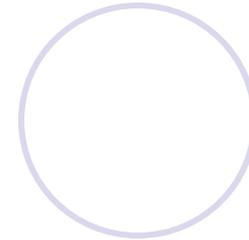
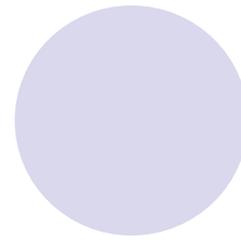
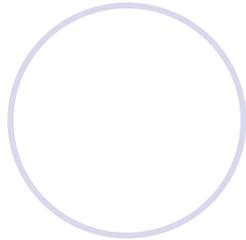
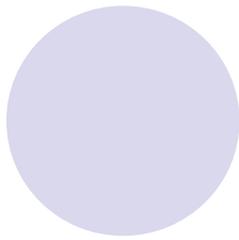


③ Elite Care Assisted Living (ポートランド郊外)

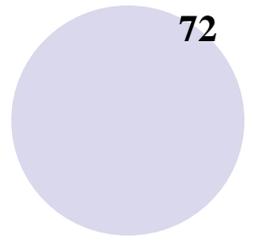
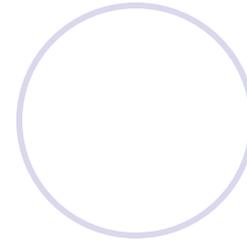
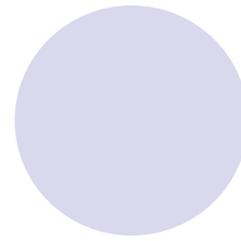
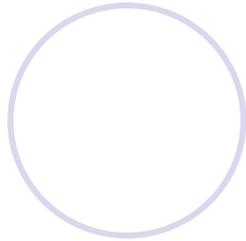
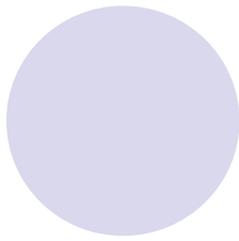


③ Elite Care Assisted Living (ポートランド郊外)

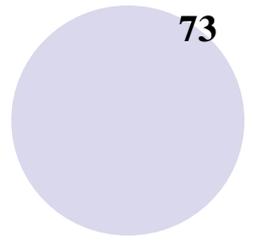
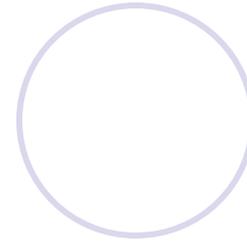
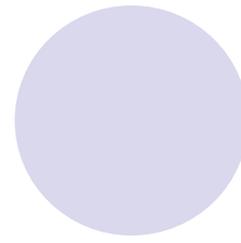
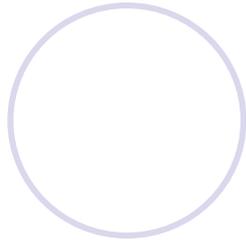
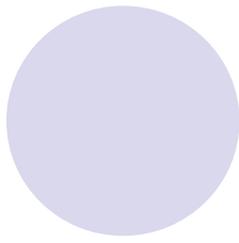
3. 施設の概要と図面・写真



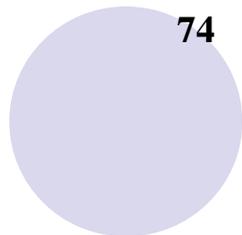
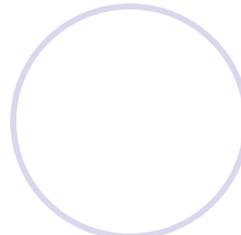
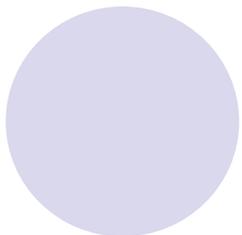
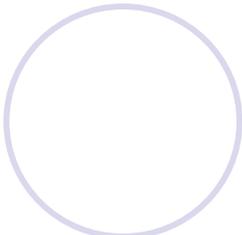
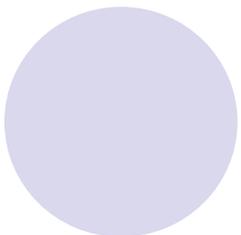
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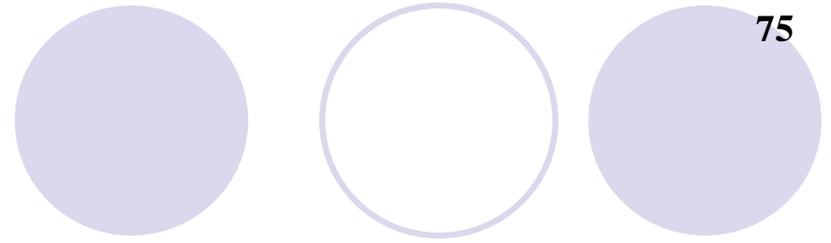
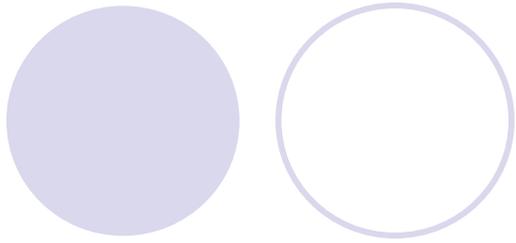
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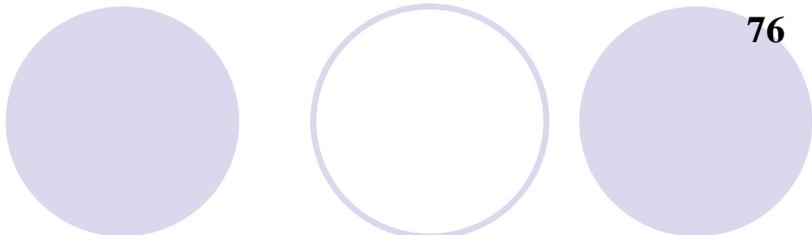
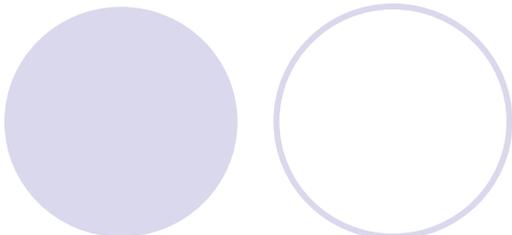
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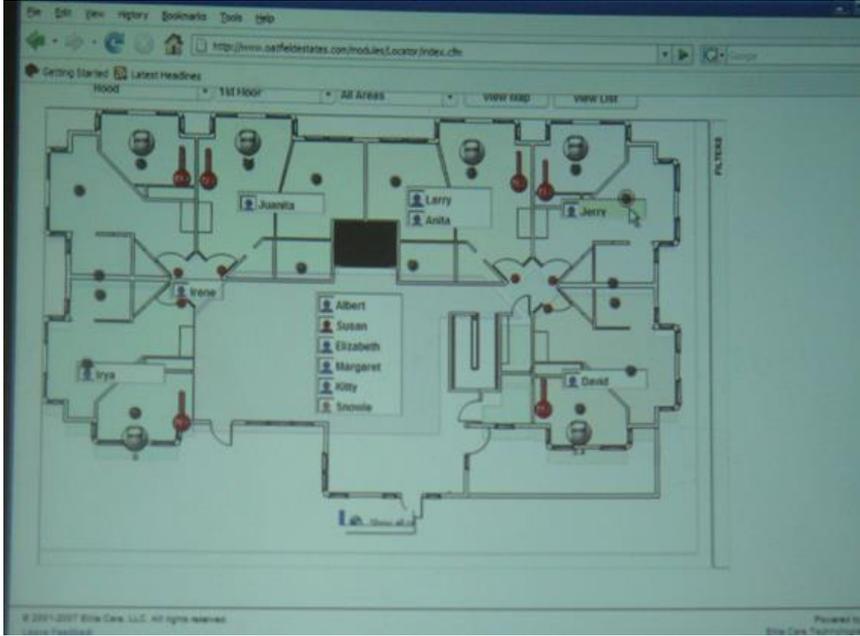
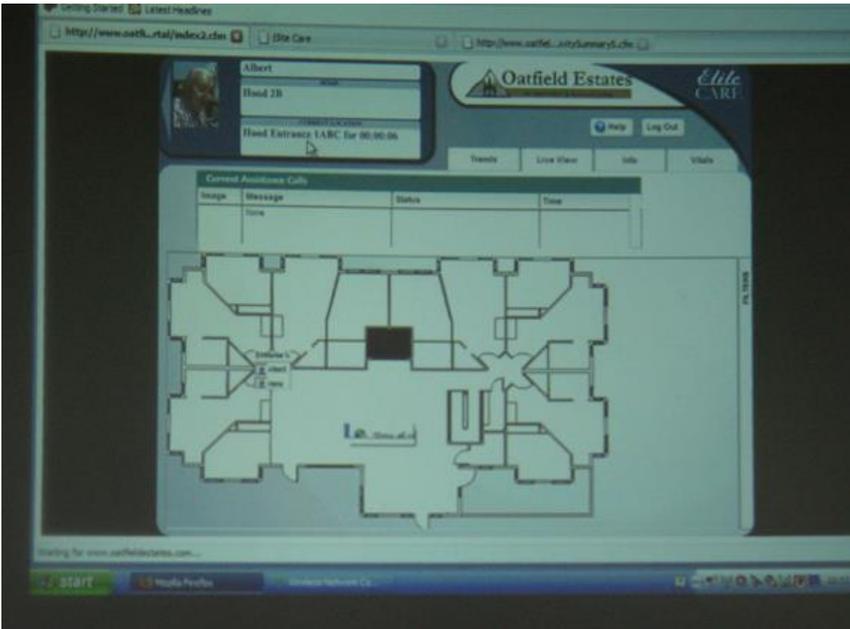
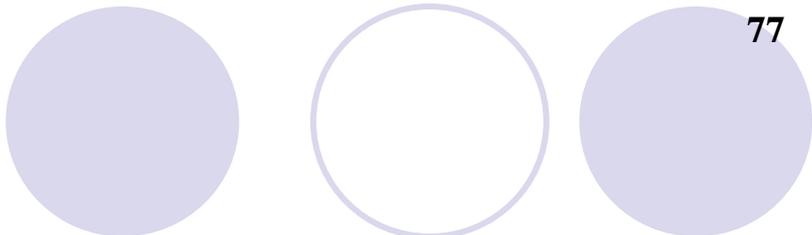
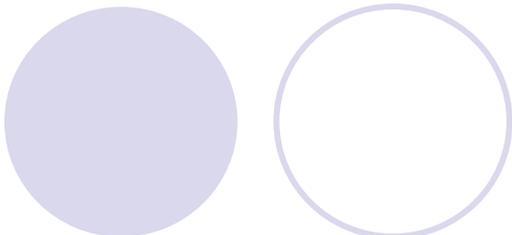
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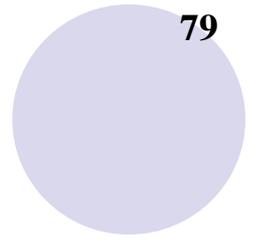
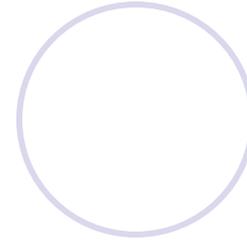
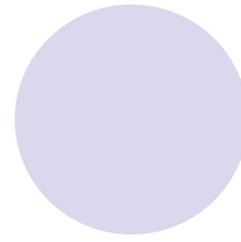
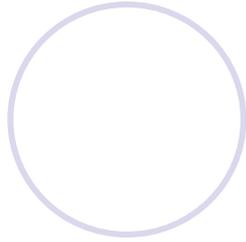
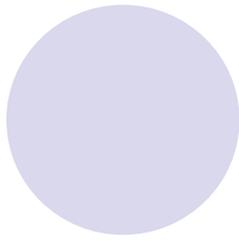
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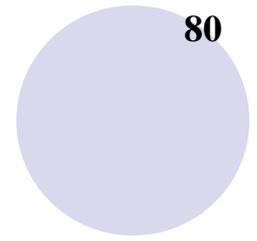
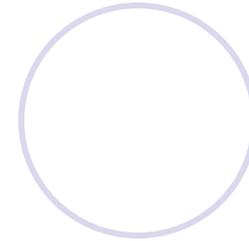
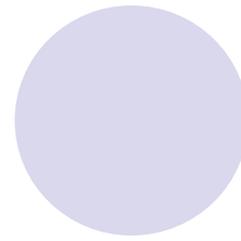
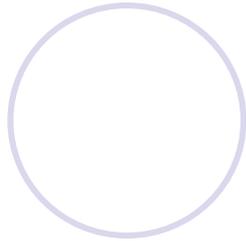
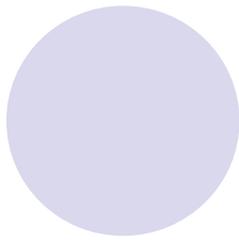
③ Elite Care Assisted Living (ポートランド郊外)



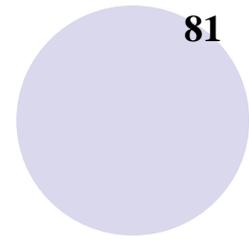
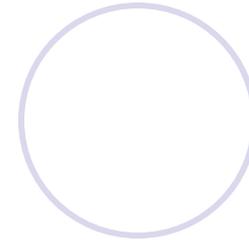
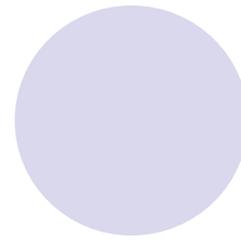
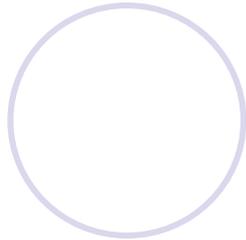
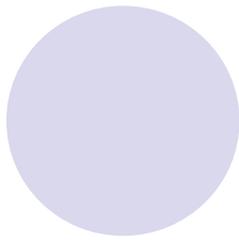
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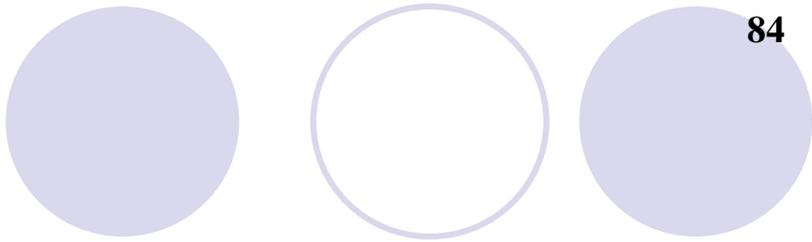
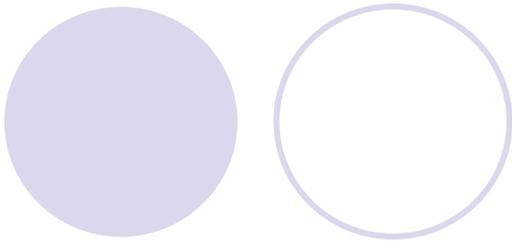


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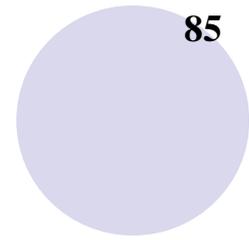
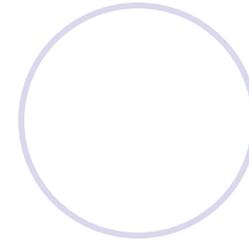
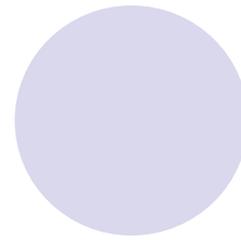
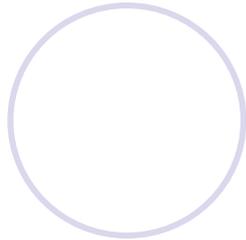
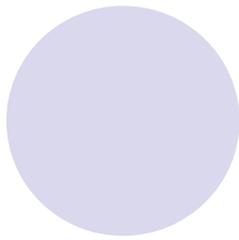


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③ Elite Care Assisted Living (ポートランド郊外)

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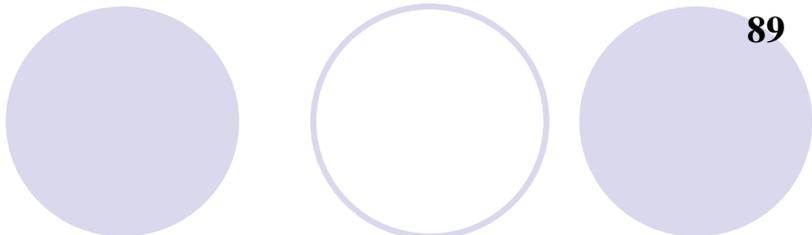
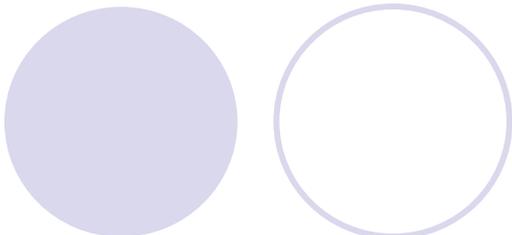






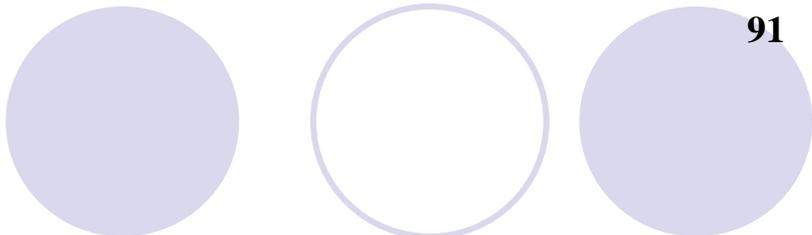
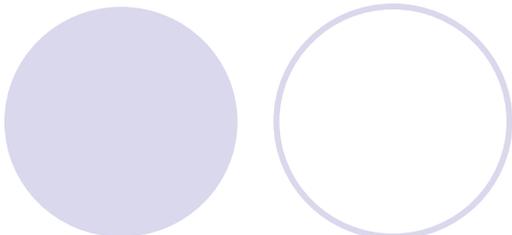


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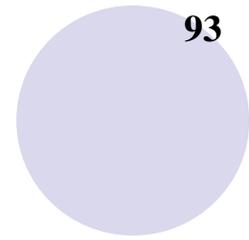
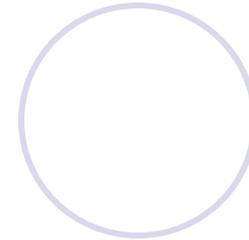
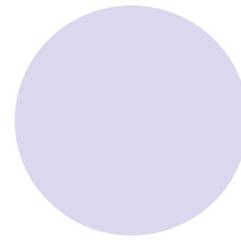
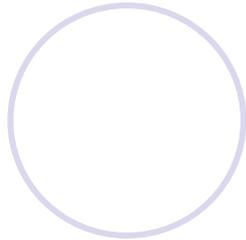
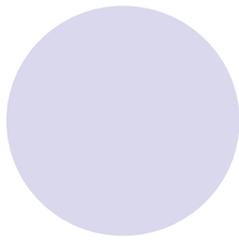


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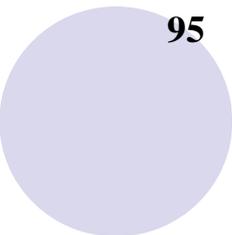
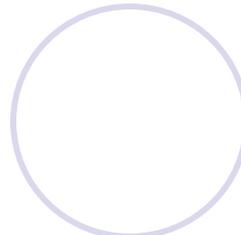
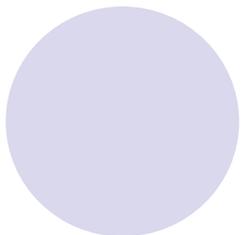
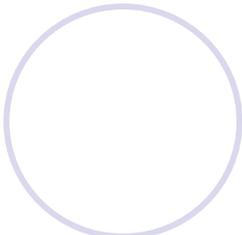
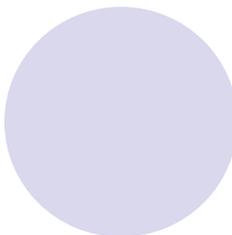


3. 施設の概要と図面・写真

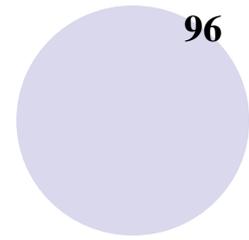
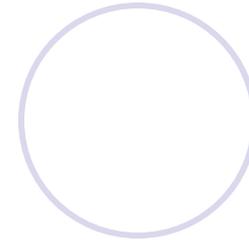
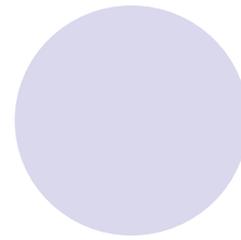
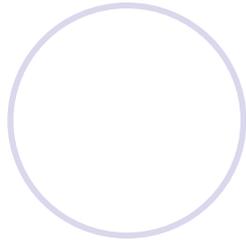
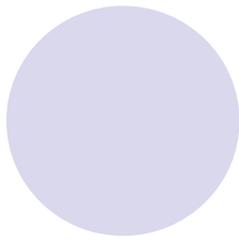




3. 施設の概要と図面・写真



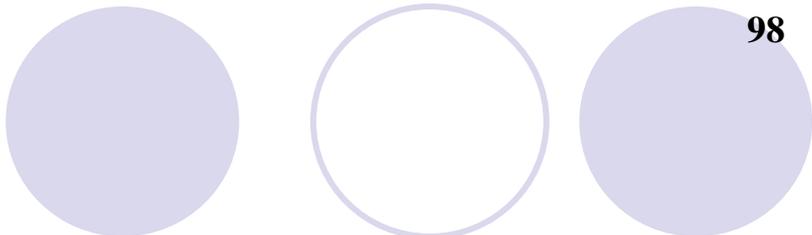
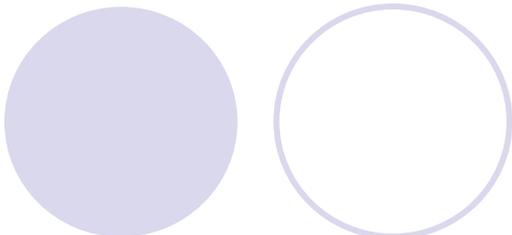
3. 施設の概要と図面・写真





③ Elite Care Assisted Living (ポートランド郊外)

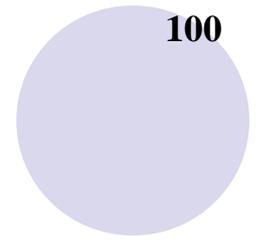
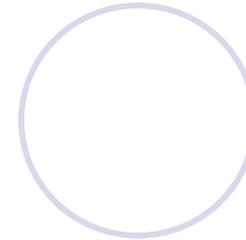
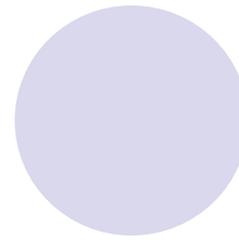
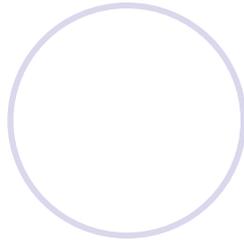
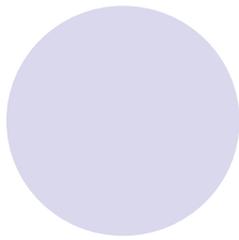
3. 施設の概要と図面・写真



3. 施設の概要と図面・写真

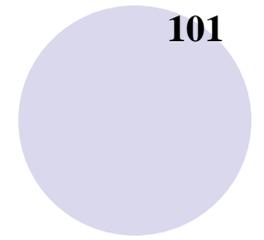
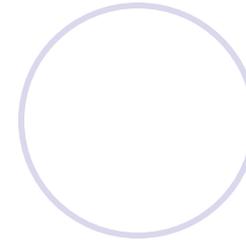
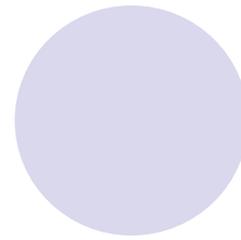
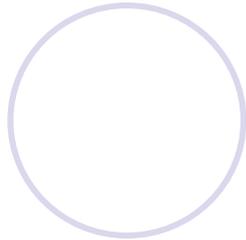
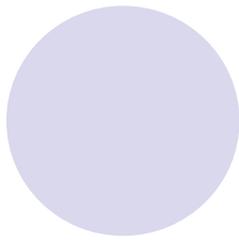


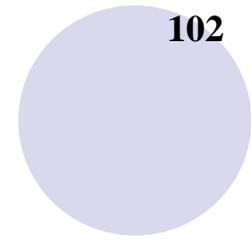
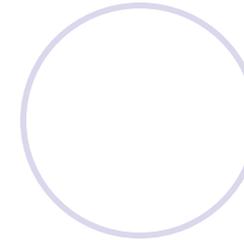
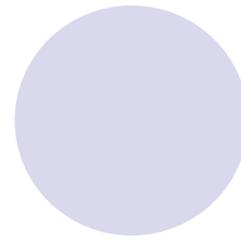
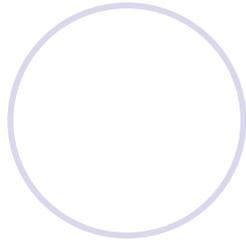
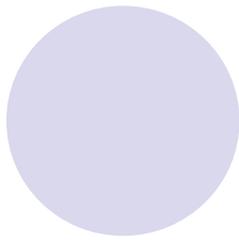
3. 施設の概要と図面・写真



③ Elite Care Assisted Living (ポートランド郊外)

3. 施設の概要と図面・写真





④ Mary 's Woods C. C. R. C (ポートランド郊外)

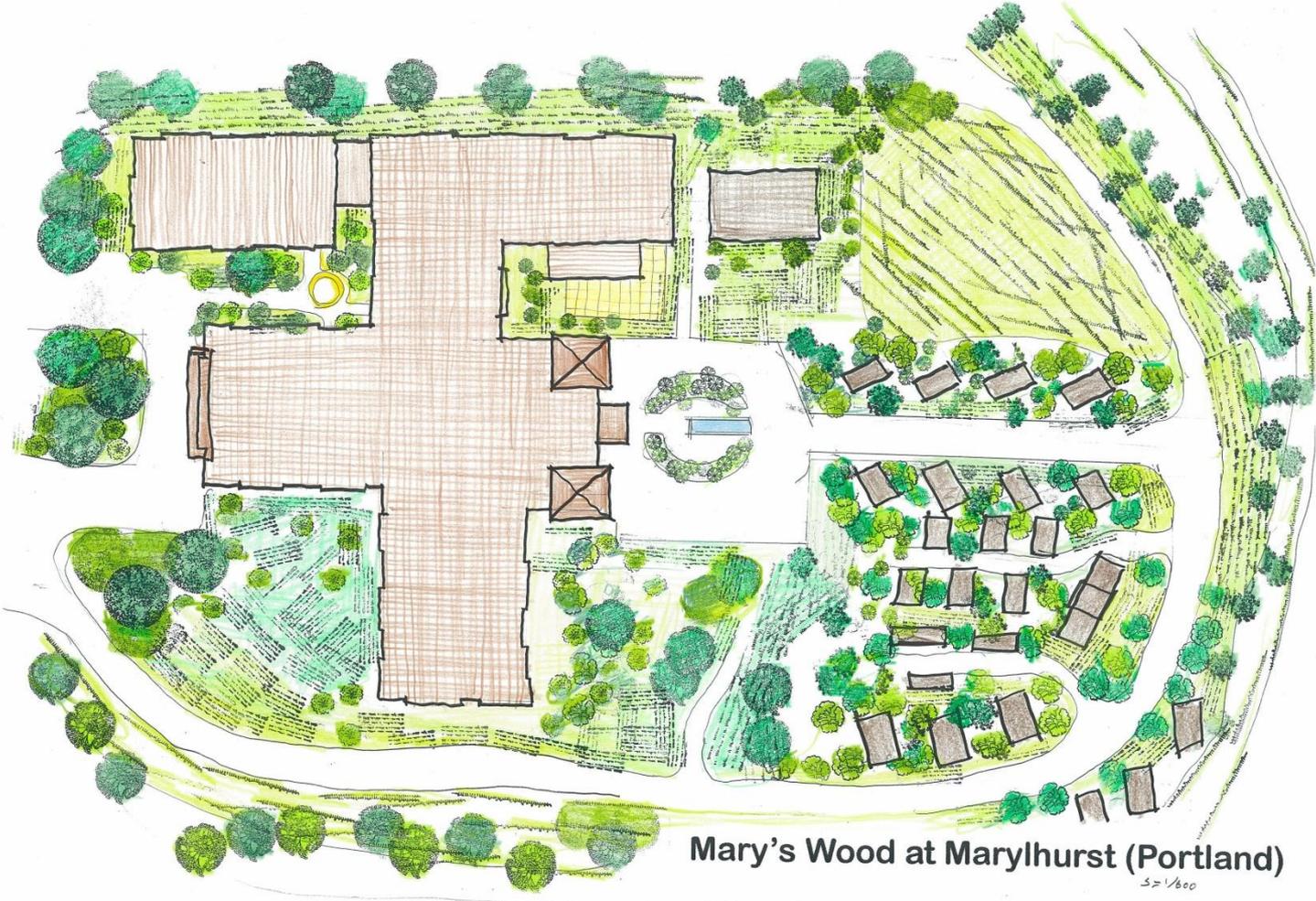
大規模自立型、豪華退職者介護支援型: Continuing Care Retirement Community

退職者が継続的にその自立生活ができる施設。キリスト教団体が運営母体となる自立型有料老人ホーム。広大で緩やかな傾斜地に、戸建の独立住宅と中層の共同住宅、各種活動施設・管理施設から成る。

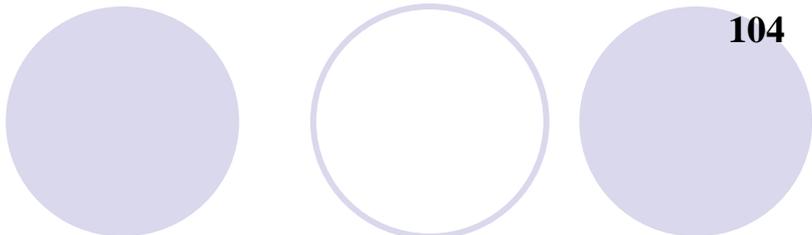
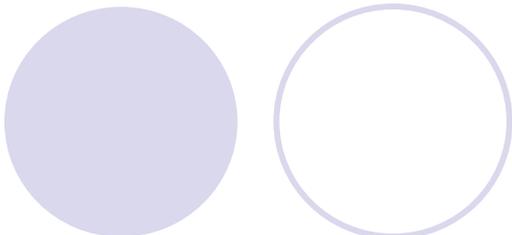
管理施設内は、銀行、郵便局、レストラン、美容室、プール、ジム、談話室、アクティビティールームなど各種の生活関連施設が充実している。

介護スタッフも常駐し、医療処置が必要な場合は、近隣の病院との連携が出来るようになっている。

④ Mary's Woods C. C. R. C (ポートランド郊外)



3. 施設の概要と図面・写真



④ Mary 's Woods C. C. R. C (ポートランド郊外)

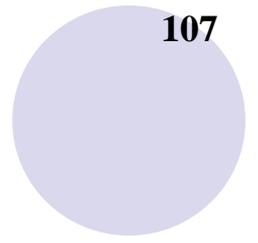
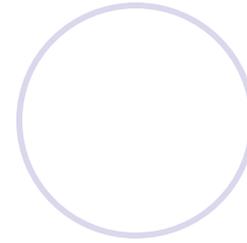
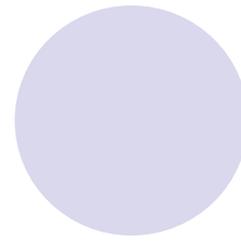
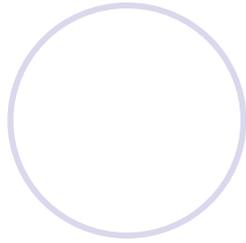
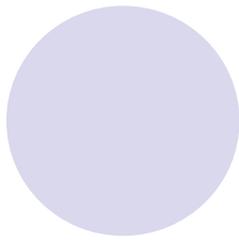


3. 施設の概要と図面・写真



④ Mary 's Woods C. C. R. C (ポートランド郊外)

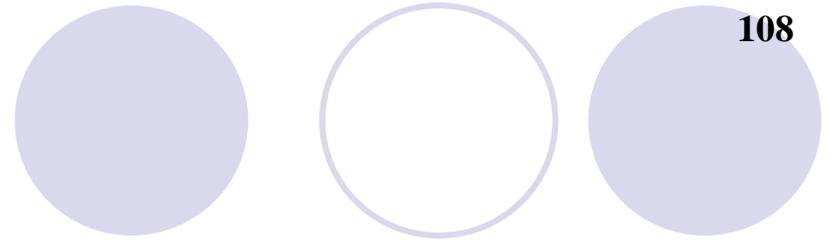
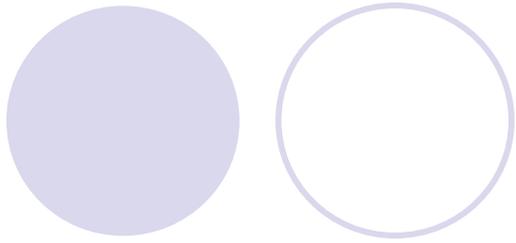
3. 施設の概要と図面・写真



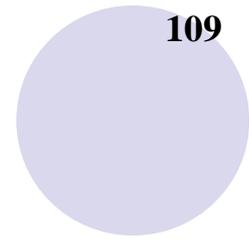
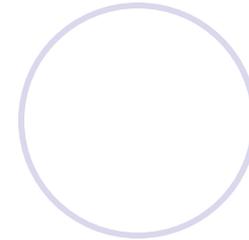
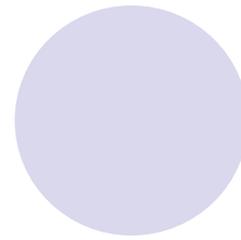
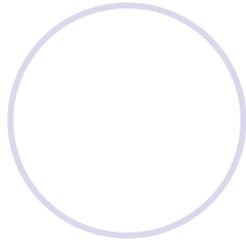
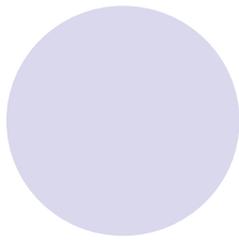
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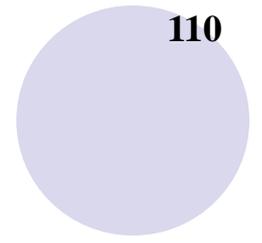
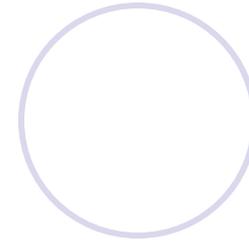
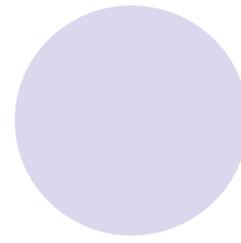
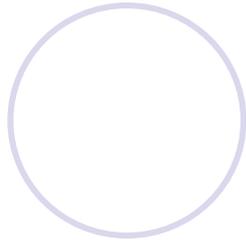
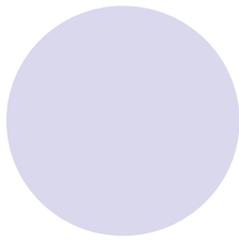
3. 施設の概要と図面・写真



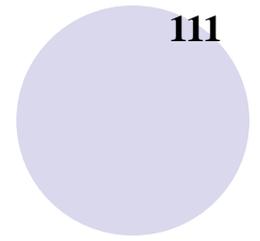
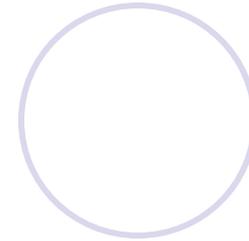
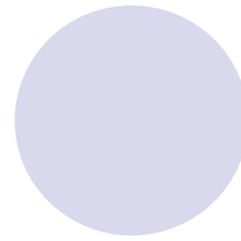
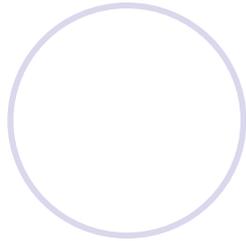
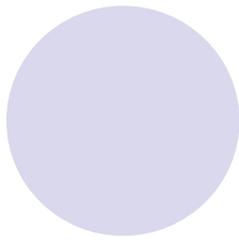
3. 施設の概要と図面・写真



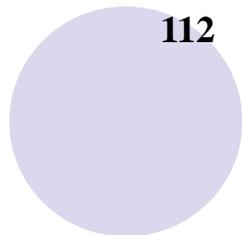
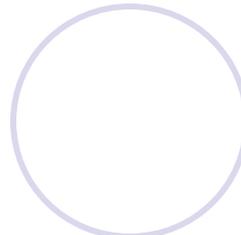
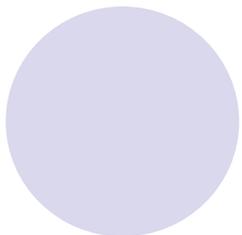
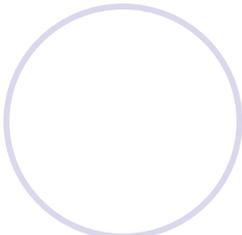
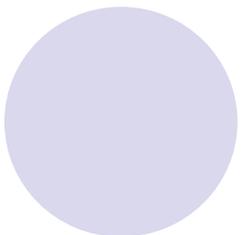
3. 施設の概要と図面・写真



3. 施設の概要と図面・写真



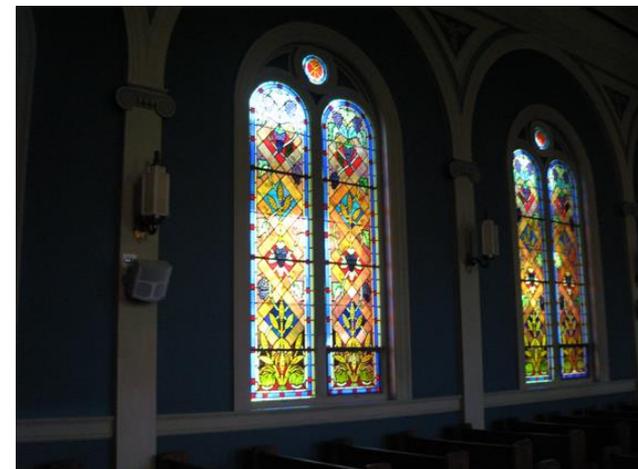
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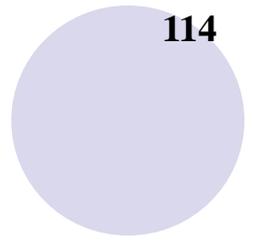
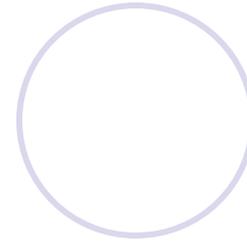
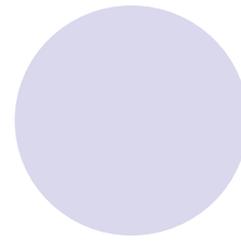
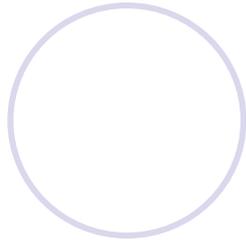
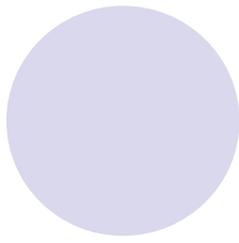
④ Mary 's Woods C. C. R. C (ポートランド郊外)

3. 施設の概要と図面・写真

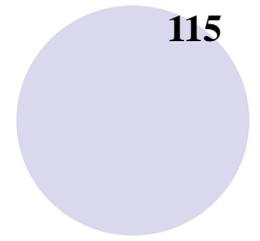
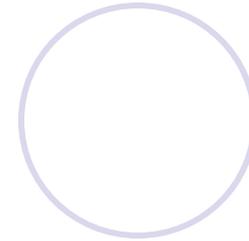
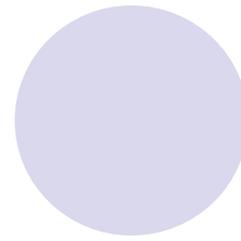
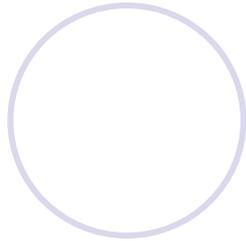
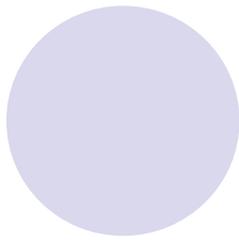
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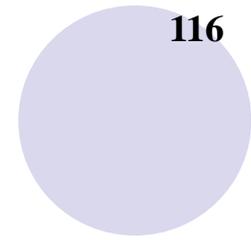
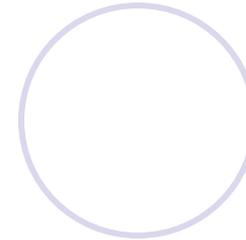
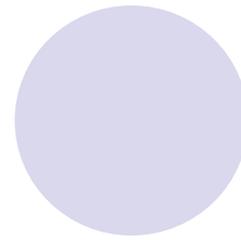
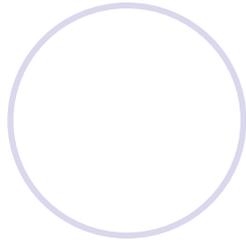
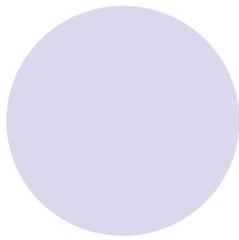
3. 施設の概要と図面・写真



3. 施設の概要と図面・写真



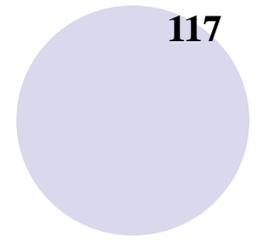
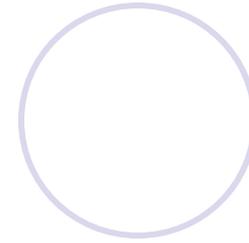
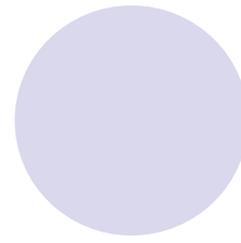
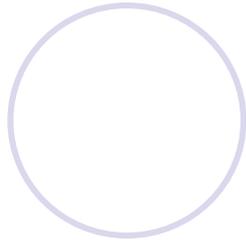
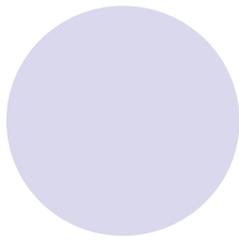
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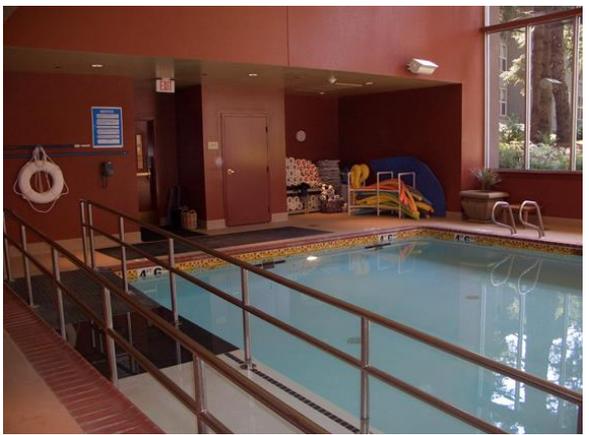
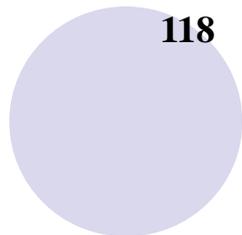
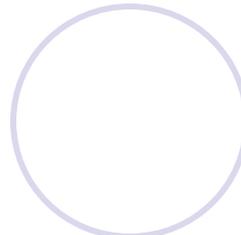
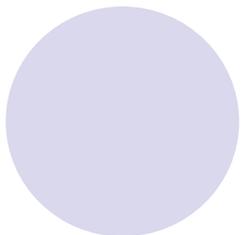
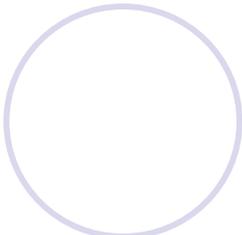
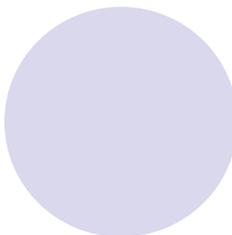
3. 施設の概要と図面・写真



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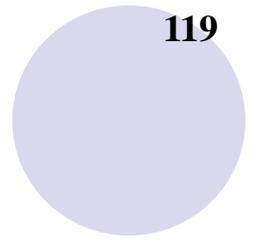
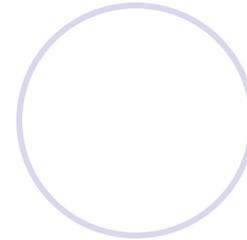
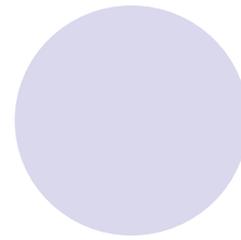
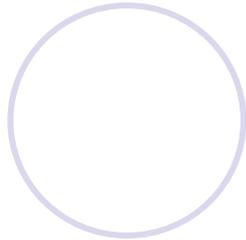
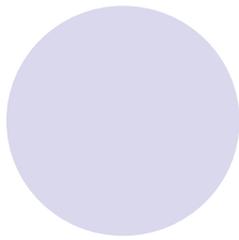
3. 施設の概要と図面・写真



④ Mary 's Woods C. C. R. C (ポートランド郊外)

● 株式会社岩田建設・株式会社クレド 研究調査プロジェクト

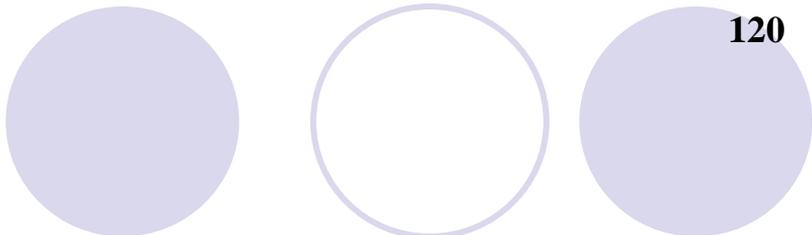
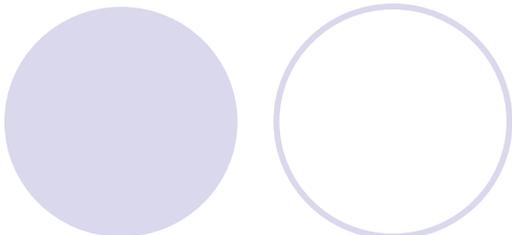
3. 施設の概要と図面・写真



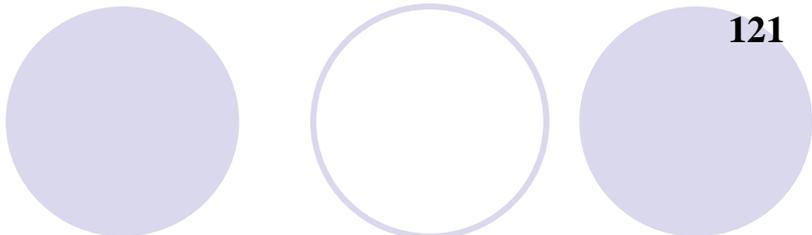
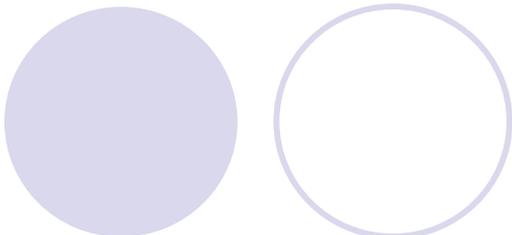
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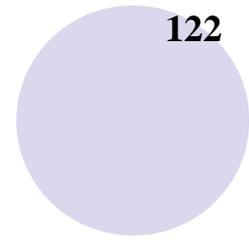
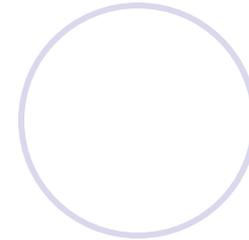
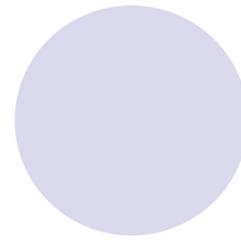
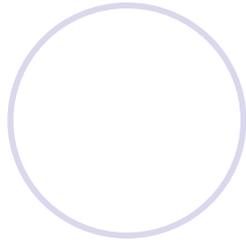
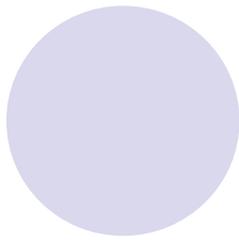
3. 施設の概要と図面・写真



3. 施設の概要と図面・写真

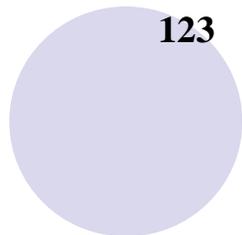
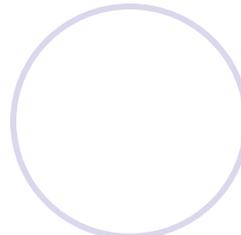
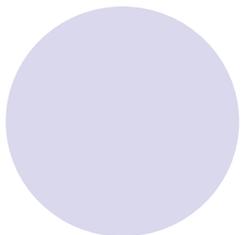
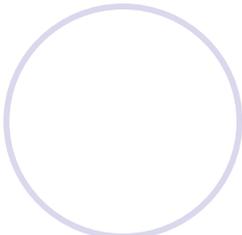
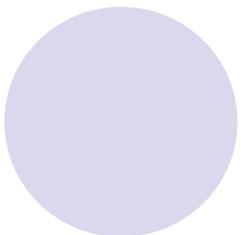


3. 施設の概要と図面・写真



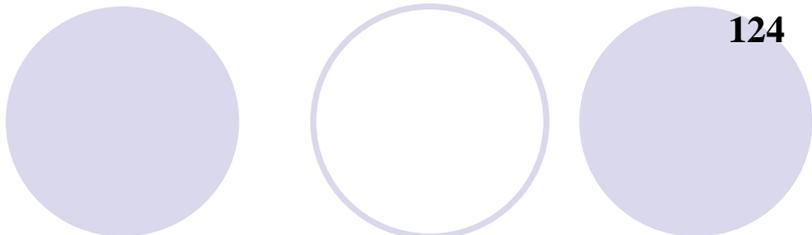
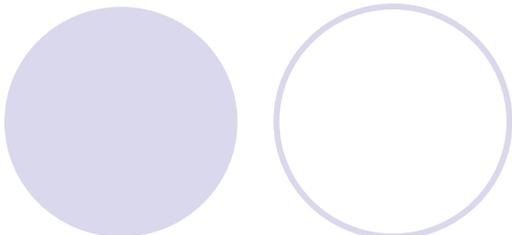
④ Mary 's Woods C. C. R. C (ポートランド郊外)

3. 施設の概要と図面・写真



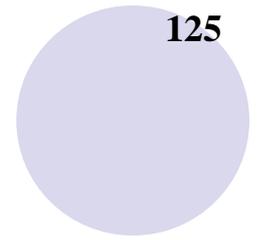
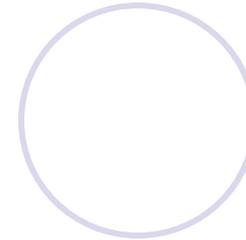
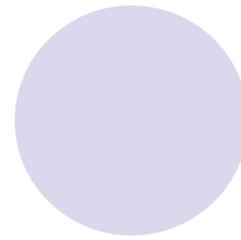
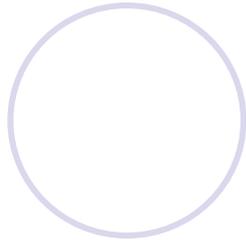
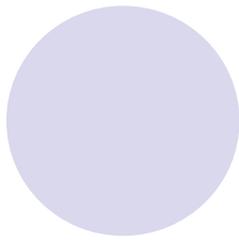
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3. 施設の概要と図面・写真



④ Mary 's Woods C. C. R. C (ポートランド郊外)

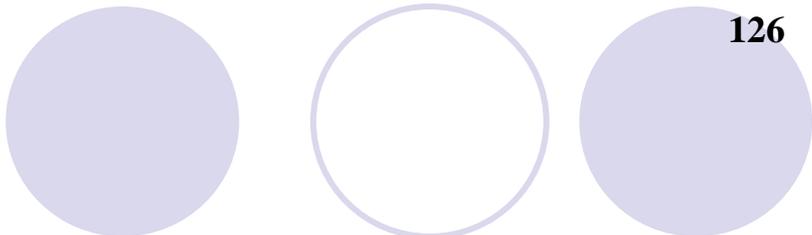
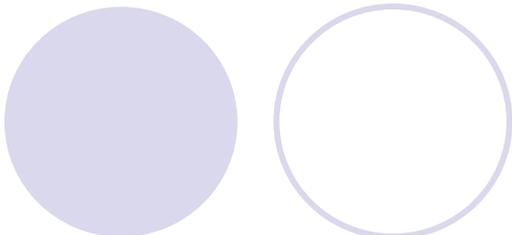
3. 施設の概要と図面・写真



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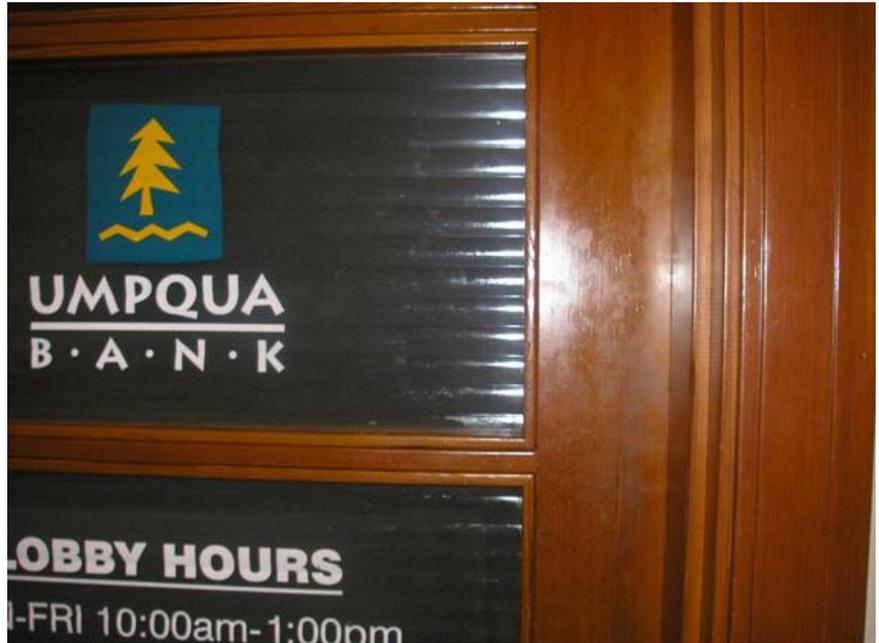
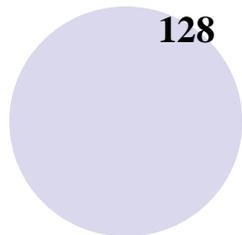
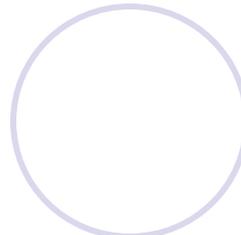
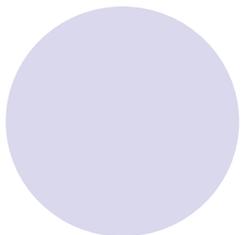
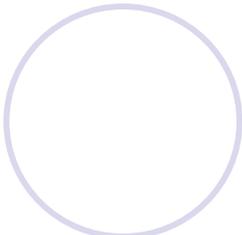
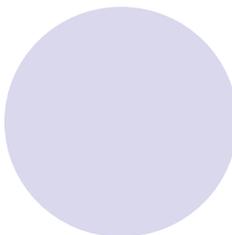


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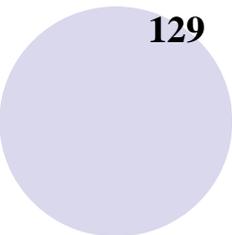
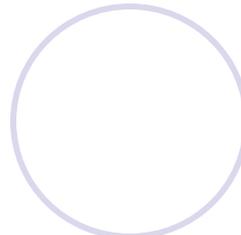
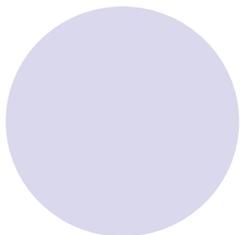
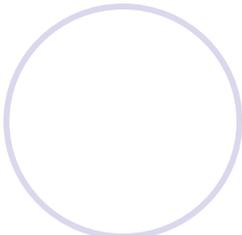
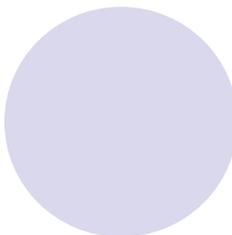




3. 施設の概要と図面・写真



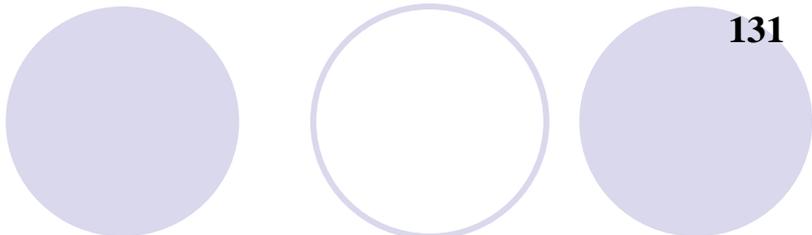
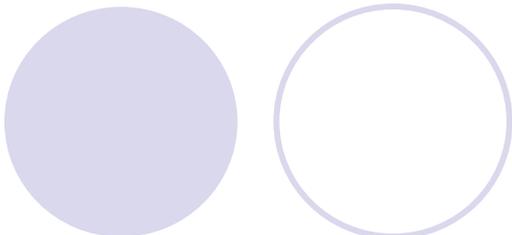
3. 施設の概要と図面・写真



④ Mary 's Woods C. C. R. C (ポートランド郊外)



3. 施設の概要と図面・写真



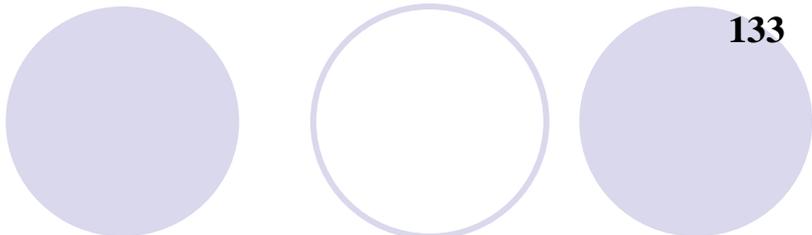
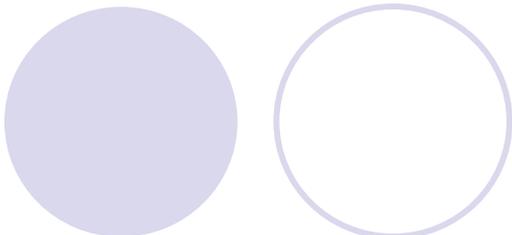
3. 施設の概要と図面・写真

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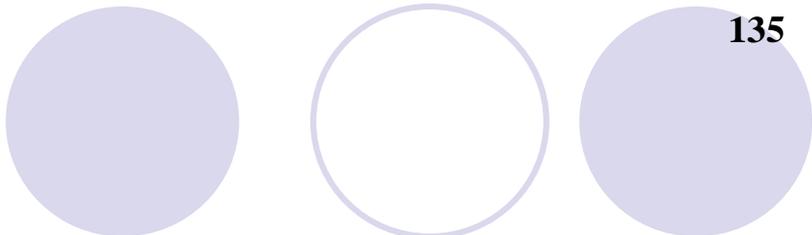
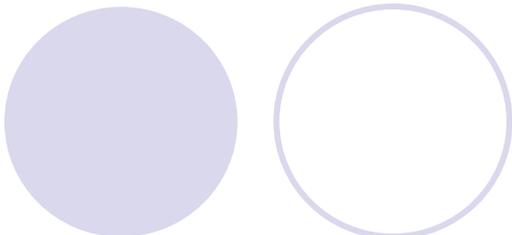
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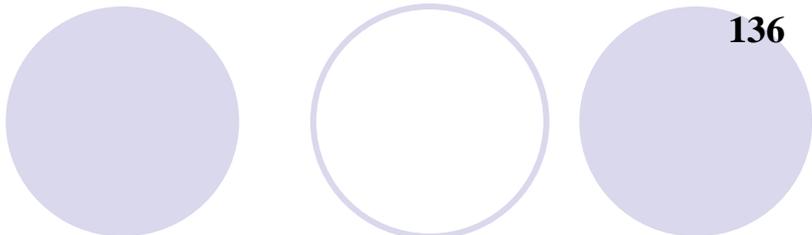
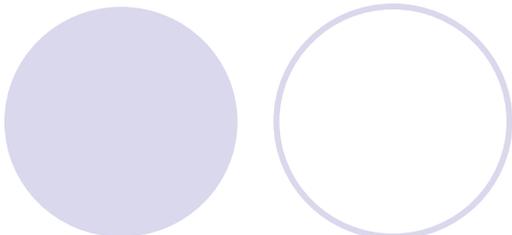
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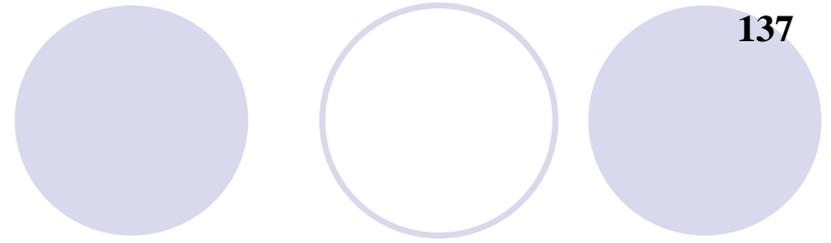
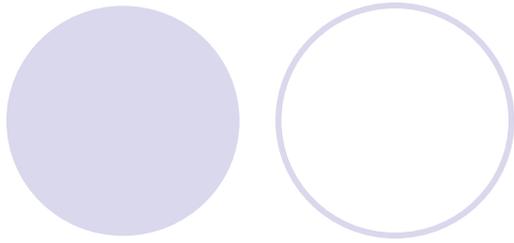


④ Mary 's Woods C. C. R. C (ポートランド郊外)

3. 施設の概要と図面・写真



④ Mary 's Woods C. C. R. C (ポートランド郊外)



4. まとめ（施設の特徴、目的、内容等）

4. まとめ（施設の特性、目的、内容等）

- (1) Age in place
- (2) 自立、自主、尊厳、健康
- (3) 柔軟な支援システム(介護・看護)
- (4) 「入所者」 → 「入居者(Resident)」
- (5) 各種の活動の選択肢と専門家(スタッフ)のアドバイス
- (6) 心のふれあいが実現(夫婦・友人・仲間・子供・ペット etc.)
- (7) 地域社会とのつながり
- (8) 高齢者介護の意識変化: Culture Change

5. 高齢者施設の今後のあり方と問題点



子供たち(各世代)との交流は、居住者にとって大きな楽しみ



日常・友達・ペット・憩い



夫婦・家族



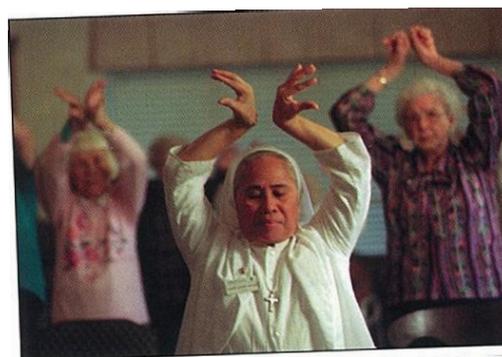
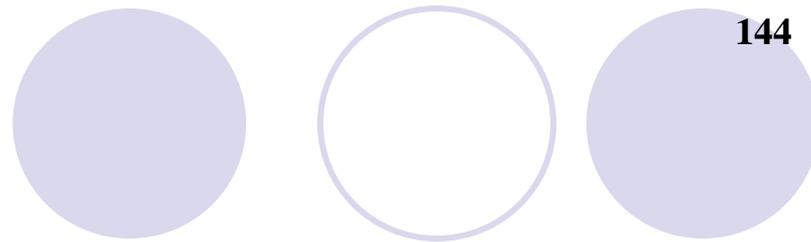
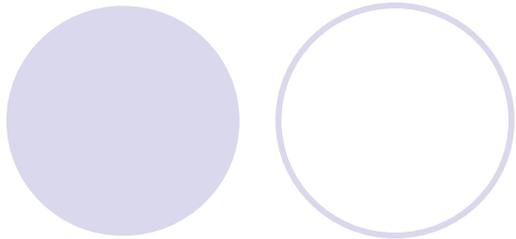
友人・仲間



創作・創造・アート

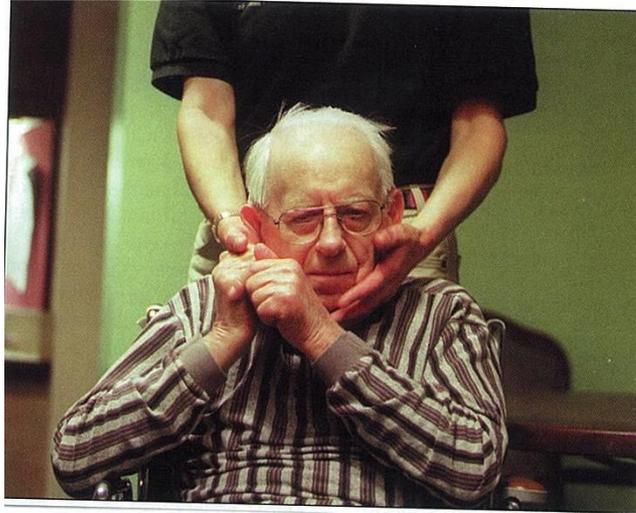
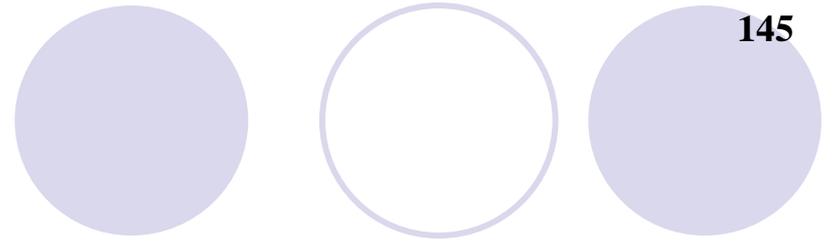
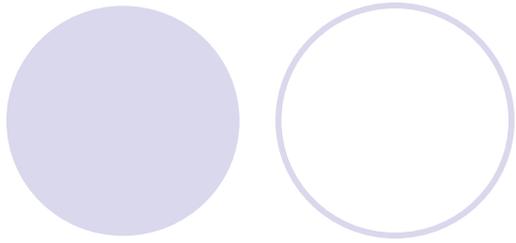
絵や製作などの創作活動は居住者を活性化する

5. 高齢者施設の今後のあり方と問題点

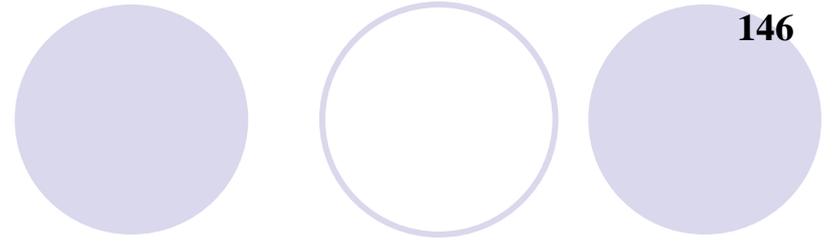
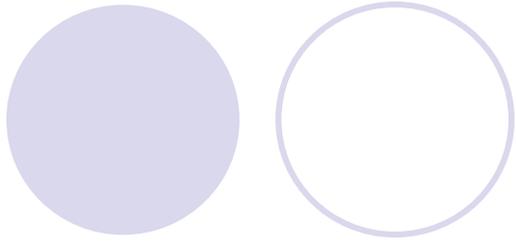


健康・運動・自由

5. 高齢者施設の今後のあり方と問題点



自立・意思・支援・心



終